

2019 Reading Guide

Advent, from the Latin word for "coming," is a season of preparation and expectation for the celebration of Jesus' birth and for the final coming of Christ. Christians around the world observe Advent beginning four Sundays before Christmas. This year Advent begins on December 1 and concludes December 24.

As you prepare your home and heart for the coming of Christ, we encourage you to participate in the spiritual practice of reading Holy Scripture daily. In this *Reading Guide* we have provided a daily reading plan to help you read the entire Gospel of Luke during the 24 days of Advent. All you need is a Bible, Bible App, or computer to access the readings (we recommend the NRSV Bible). After each daily reading is a "Spiritual Practice" to help you explore, grow, and deepen your faith and your Advent experience.

Visit www.christchurchcharlotte.org/goodbook to download this guide and learn more about *The Good Book Daily* and *The Good Book Beginning to End*.



Introduction: The Gospel of Mark is the shortest of the four gospels and likely was the first to be written. Mark emphasizes Christian discipleship and includes multiple conflicts, the most significant being Jesus' challenge to the priestly rules and Roman imperial overlords, which eventually culminated in Jesus' arrest and crucifixion. Ancient copies of Mark's Gospel end at 16:8, while other sources complete the narrative through the ascension at Mark 16:20.

The Gospel of Mark

The First Week of Advent

☐ Sunday☐ Monday☐ Tuesday☐ Wednesday☐ Thursday☐ Friday☐ Saturday	Dec. 1 Dec. 2 Dec. 3 Dec. 4 Dec. 5 Dec. 6 Dec. 7	Chapter 1:1-20 Chapter 1:21-45 Chapter 2:1-28 Chapter 3:1-35 Chapter 4:1-20 Chapter 4:21-41 Chapter 5:1-20	Almighty God, give us grace to cast away the works of darkness, and put on the armor of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen. Book of Common Prayer Pg. 211		
The Second Week of Advent					
 □ Sunday □ Monday □ Tuesday □ Wednesday □ Thursday □ Friday □ Saturday 	Dec. 8 Dec. 9 Dec. 10 Dec. 11 Dec. 12 Dec. 13 Dec. 14	Chapter 5:21-43 Chapter 6:1-29 Chapter 6:30-56 Chapter 7:1-37 Chapter 8:1-38 Chapter 9:1-29 Chapter 9:30-50	Merciful God, who sent your messengers the prophets to preach repentance and prepare the way for our salvation: Give us grace to heed their warnings and forsake our sins that we may greet with joy the coming of Jesus Christ our Redeemer; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen. Book of Common Prayer Pg. 211		
The Third Week of Advent					
☐ Sunday ☐ Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday ☐ Saturday	Dec. 15 Dec. 16 Dec. 17 Dec. 18 Dec. 19 Dec. 20 Dec. 21	Chapter 10:1-31 Chapter 10:32-52 Chapter 11:1-33 Chapter 12:1-27 Chapter 12:28-44 Chapter 13:1-37 Chapter 14:1-31	and deliver us; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory, now		
The Fourth Week of Advent					
☐ Sunday☐ Monday☐ Tuesday	Dec. 22 Dec. 23 Dec. 24	Chapter 14:32-72 Chapter 15:1-47 Chapter 16:1-20	Purify our conscience, Almighty God, by your daily visitation that your Son Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen. Book of Common Prayer Pg. 212		

Daily 2019 Advent Word and Spiritual Practices

☐ Sunday	Dec. 1	Unexpected	Keep alert for the unexpected.	
☐ Monday	Dec. 2	Visit	Prepare for visitors to bring good news.	
☐ Tuesday	Dec. 3	Time	Be steady and sure in your use of time.	
\square Wednesday	Dec. 4	Humble	In humility, welcome the coming of the Christ child.	
☐ Thursday	Dec. 5	Raise	Raise your voice in anticipation of the coming of Christ.	
\square Friday	Dec. 6	House	Think of your life as a house established in wisdom.	
☐ Saturday	Dec. 7	Unity	What builds unity in your community?	
☐ Sunday	Dec. 8	Worthy	Align your life with the character of Christ.	
\square Monday	Dec. 9	Root	How has Jesus taken root in your life?	
\square Tuesday	Dec. 10	Grace	Give thanks for the gift of God's grace.	
\square Wednesday	Dec. 11	Confess	Notice the connection of prayer, healing and confession.	
☐ Thursday	Dec. 12	Harmony	What will you do today to promote harmony?	
☐ Friday	Dec. 13	Water	Refresh yourself in the waters of eternal life.	
☐ Saturday	Dec. 14	Gather	Prepare to gather and welcome the presence of Christ.	
☐ Sunday	Dec. 15	Turn	Turn your heart to hear the words of peace.	
\square Monday	Dec. 16	Learn	Learn what it means to practice justice.	
\square Tuesday	Dec. 17	Pray	Be purposeful in your prayer life.	
\square Wednesday	Dec. 18	Worship	Let your heart be glad.	
\square Thursday	Dec. 19	Bless	Give thanks for these good words of blessing.	
\square Friday	Dec. 20	Go	Go in peace to love and serve the Lord. Thanks be to God!	
☐ Saturday	Dec. 21	Rest	Bring your weariness to Jesus and find rest.	
□ Sunday	Dec. 22	Restore	Welcome that which is restorative in hope.	
\square Monday	Dec. 23	Message	Prepare yourself for the light of Christ.	
\square Tuesday	Dec. 24	Beloved	Beloved of Christ, share that love with one another.	
☐ Wednesday Dec. 25 Celebrate Share the joy.				

During Advent we invite you to focus on the daily #AdventWord and the spiritual practice or question associated with each word. #AdventWord is out of Lifelong Learning at Virginia Theological Seminary. *Using social media you can meditate on the daily word and post a picture with two hashtags; #AdventWord and the daily word (ie. #Awaken)*. Visit www.AdventWord.org to learn more.



