My School is Closed Today

written by Meredith Polsky
Every morning, I wake up, have breakfast and start to get ready for school.
I love school! I get to play with my friends and teachers, sing songs and have snack.
I want to go to school today, but it is closed!
It’s not snowing, and it’s not time for a vacation.
But my grown-ups say we need to stay home.
My teachers want to go to school too! They like when I give them hugs, and they hold my hand. They love seeing me at school!
We all want to go to school, so why is school closed?
The grown-ups say we have to stay home because people are getting sick. But I'm not sick. And my teachers aren't sick, either!
One time last year I felt sick and I had to stay home from school for 2 days. All my friends got to play at school. I was so sad!
I’m not sick now. My friends are not sick. We are staying home to help people stay healthy.
This doesn’t usually happen. The grown-ups are being extra careful.
I wish I could go to school today, but I will help us stay healthy and play at home. I can sing the songs I sing at school!
My grown-ups at home like when I give them hugs too. I can hold their hand and we can read books and have snacks together.
When school opens again, I will be so happy to see my teachers and friends. I will tell them about all the things I did when I was home!
Meredith Polsky (Meredith@matankids.org) founded Matan in 2000 and serves as Matan's National Director of Institutes and Training, as well as the part-time Developmental Support Coordinator at Temple Beth Ami Nursery School in Rockville, MD and the Selective Mutism Specialist at Growing Minds Child and Family Therapy Center. Meredith is a nationally sought-after speaker on Jewish Special Education. She holds a Master's degree in Special Education from Bank Street College, a Master's degree in Clinical Social Work from Columbia University and a graduate certificate in Early Intervention from Georgetown University. Meredith is a 2017 Covenant Award recipient, and co-author of the award-winning children's books I Have a Question about Death, I Have a Question about Divorce, and I Have a Question about Cancer (Jessica Kingsley Publishers, 2017, 2018 and 2019, respectively).