

Conversations for Quarantined Couples

(Or Love in the time of Coronavirus)

While these conversation starters refer to marriage frequently, they can be used by couples who are not married as well.

Living on an Oasis

Your Sacred Story

Turning to One Another

Laughing Together

Caring for the Soul of Your Marriage

Your Marriage as a Lighthouse

Caring for the Soul of Your Marriage

Marriage is ultimately more about holiness than it is about happiness, so that a couple *“may grow in love and peace with you and one another all the days of their life”* (Book of Common Prayer, the Celebration of Holy Matrimony)

A common myth about marriage is that you should put your spouse’s need above your own, but according to the academic and highbrow book, *Marriage for Dummies*, the needs of the marriage supersede the needs of the individuals. What is best for our marriage comes first. What helps us feel more connected and closer? Over time a marriage can take on a life all its own. The soul of the marriage becomes like the third person in a marriage. Not only does a couple have a relationship with one another, but each also has a relationship with the marriage. In the trinity of a marriage, each is distinct and separate but also intricately tied and turned to one another. The soul of the marriage can even continue to live and give after one or both of the couple has grown frail or sick or died.

Conversation:

Talk about a time when you were struggling with something and felt particularly supported by your spouse.

Talk about a time when you felt blessed to be forgiven by your spouse.

Talk about a time when you were touched by your spouse’s display of courage or compassion or advocacy for you or someone else.

What do you believe about prayer? What struggles do you have with prayer?

What do you think would be important to pray for as a couple?

What do you want God to do for your marriage in the coming year?

What do you do together, or what *could* you do together, that fosters spiritual growth?

I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, ¹⁷and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. Ephesians 3:15,16