

September 2016

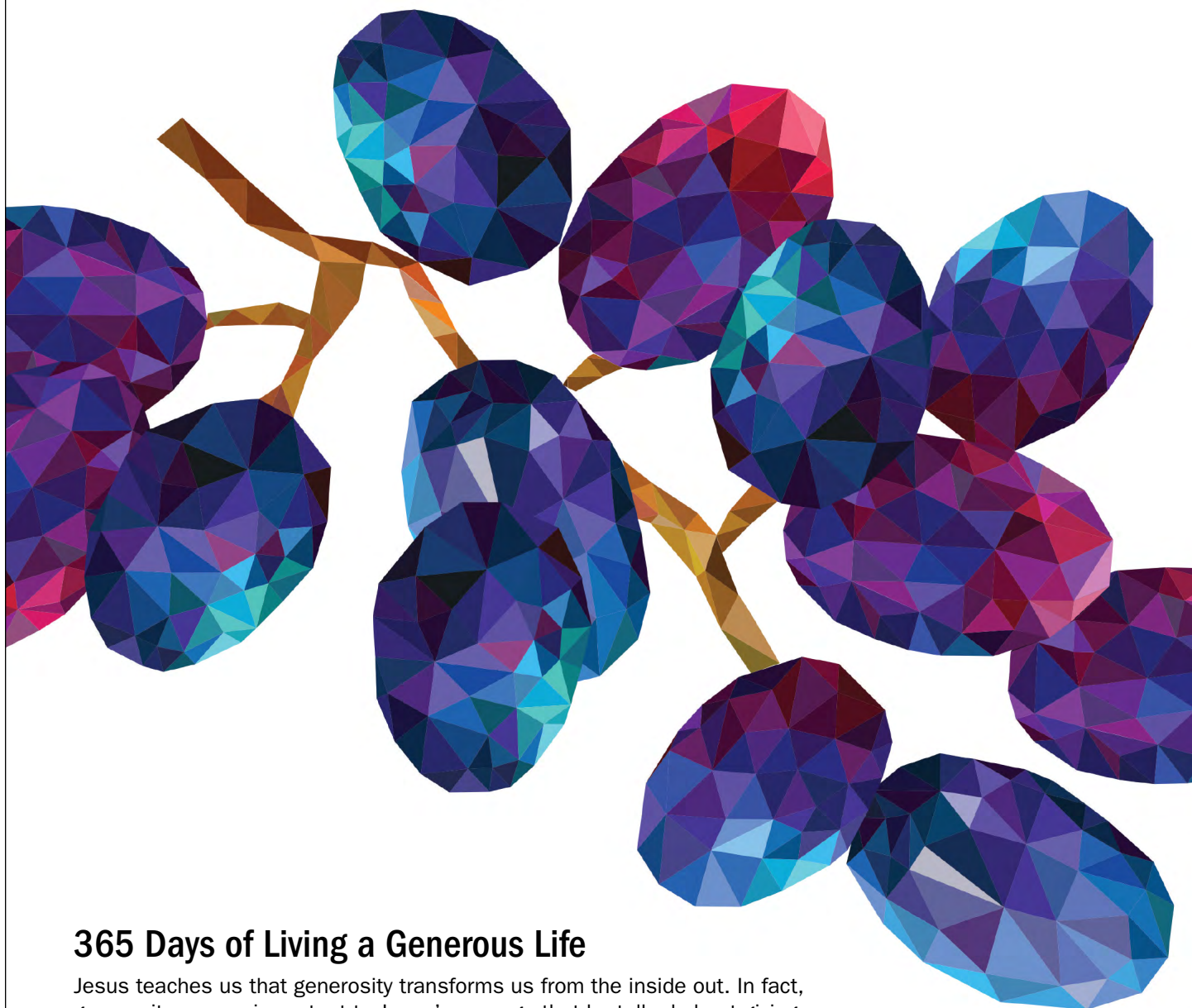
# The Disciple

News & Events at Christ Church Charlotte



Love God  
Care for Each Other  
Serve the World

## living a *generous* life



### 365 Days of Living a Generous Life

Jesus teaches us that generosity transforms us from the inside out. In fact, generosity was so important to Jesus' message that he talked about giving twice as much as prayer and faith combined. Over the next 365 days we will explore what it means to be generous in all aspects of our lives. Join us for unique learning opportunities and experiences to discover how God is inviting you to plant, harvest, and share the fruits of your life.

### New Music Ministry Season Begins This Week

We have an exciting season of music ministry coming up! We are one of the most innovative and community-driven music ministries in the country. Why? We adapt to the ever-changing culture of our world and our parish. Yet, we maintain a fine balance of the classics and emerging music. We affirm the traditional heritage of our Episcopal faith and love the contemporary forms that open the heart and mind. We believe that music ministry is essentially both outreach and in-reach. Most of all, we believe music is from God.

All Children's, Youth, and Worship Band rehearsals begin on **Wednesday, September 7**, with our Church dinner buffet served from 5:30 - 7:00 PM. If you haven't already, it is time to sign up! **Register at [www.christchurchcharlotte.org/music-signup](http://www.christchurchcharlotte.org/music-signup).**

My friends, enjoy the beauty of academia (and routine) as our new school year begins. We are never too old to learn. Most importantly (I speak as a dad of 3 rambunctious little boys), please know of my prayers for all of our Christ Church families as we wake up a little earlier and navigate the increased traffic. All of us are working a little harder to raise the next generation. Try singing to God a new song this year. I can promise our music ministry will have your back!

With all good wishes,  
Rob Ridgell, Lisa Lashley, and Austin Philemon

#### Parish Choir

##### **Sundays, 8:00 AM, Choir Room**

This "come as you are" group meets at 8:00 AM on Sunday mornings. We'll equip you with an email copy of the sheet music and a link to practice at home. Our section leaders will guide us for a fine, musical ride! Parish Choir begins informally on September 11 for Parish Day (8:30 AM rehearsal/10:00 AM service), and officially on September 18 (8:00 AM rehearsal/8:45 AM service). You can pick and choose any Sundays that work for you and your schedule.

#### Worship Band for Adults

##### **Wednesdays, 7:00 - 9:00 PM, Band Room**

Whether singing is your thing or you've been known to play a little guitar, drums, or keyboard, the worship band invites you to participate. This is a great opportunity for fellowship and musical fun. The worship band meets on Wednesdays from 7-9pm for a weekly rehearsal. You might decide you can only commit to once a month or more – there is great flexibility in this collaborative ensemble. Moreover, you can refine your musical skills and learn how to equip others in worship in an innovative and contemporary way!



#### Music Club

##### **Pre-K (age 4) - Grade 1**

##### **Wednesdays, 5:00 - 5:30 PM, M211**

Directed by the renowned Lisa Lashley (music teacher at Chantilly Montessori School), our youngest musicians learn everything from the basics of making music and healthy singing with the "Orff" approach, which combines music, movement, drama, and speech into lessons that are similar to a child's world of play. The first 11-week session is September 7 through November 16, with a theme of "Saints Past and Present."

#### Junior Youth Chorus

##### **Grades 2 - 4**

##### **Wednesdays, 5:00 - 5:30 PM, Choir Room**

Directed by Dr. Rob Ridgell, this group will gain an in-depth understanding of Church and music history, and will enjoy music that is relevant to the global Christian community of today.

#### Queen City Youth Chorus & Instrumental Ensemble

##### **Grades 5 - 12**

##### **Wednesdays, 5:30 - 6:00 PM, Choir Room**

This choir is a community-wide music education program. The Youth Chorus will have a few more performance opportunities this season, including the annual Christmas and spring concerts. The instrumental ensemble will include guitar, drums, violin, piano, trumpet and other instruments.



### Regular Sunday Worship Schedule Resumes September 18

#### **7:30 AM Holy Eucharist in the Church**

For earlier risers, this Eucharist uses Rite I, which has traditional language from the Book of Common Prayer. The ethos of this service hearkens back to Psalm 46:10: "Be still, and know that I am God."

#### **8:45 AM Holy Eucharist in the Church\***

Rite II liturgy and hymns with a familiar ceremony create an experience of timeless worship accentuated by the power and beauty of piano, pipe organ, and excellent choral music offered by the Christ Church Choir and Festival Singers.

#### **8:45 AM Contemporary Eucharist with Worship Band in All Saints' Hall\***

Come as you are for this unique encounter with God. This Rite II worship brings together ageless traditions with contemporary music and artistic forms in an eclectic blend of old and new.

#### **Children's Chapel in the Green Room**

During the 8:45 AM services, children in fifth grade and below are invited to a special kid-friendly worship experience. See details on page 5.

#### **11:15 AM Holy Eucharist in the Church\*** (1st, 3rd and 5th Sundays); **Morning Prayer\*** (2nd and 4th Sundays)

Traditional worship anchored by our youth choirs, instrumentalists, and soloists bridges the generations with a touch of the ancient and new. Piano and pipe organ are featured as the primary instruments, and the congregation worships musically with hymns and ritual music.

#### **11:15 AM Discovery Eucharist in All Saints' Hall\***

For young children and families, this service is a modified, slightly abbreviated Eucharist with an informal atmosphere. The music is upbeat and child-friendly, offering both traditional and contemporary songs. Children are invited to serve as "Young Ministers" who participate with special roles during worship. A mix of parents, grandparents and children offer joyful praise in this welcoming, low-stress environment.

#### **5:00 PM Holy Eucharist in the Church\***

Like breaking bread with family and friends, Sunday evening worship offers an intimate, casual approach to traditional worship, along with occasional use of newer forms of praise to our Creator. This service is especially helpful to those who are away on Sunday morning, or for those who prefer an informal and relaxed setting.

**\*Nursery care** is provided on Sundays, 8:30 AM - 12:15 PM (or end of service) and 4:45 - 6:00 PM in the Nursery Suites.

#### **WORSHIP ONLINE**

If you can't attend our services in person, join us online when we broadcast our services live. We also maintain an archive of these services that can be watched at any time.

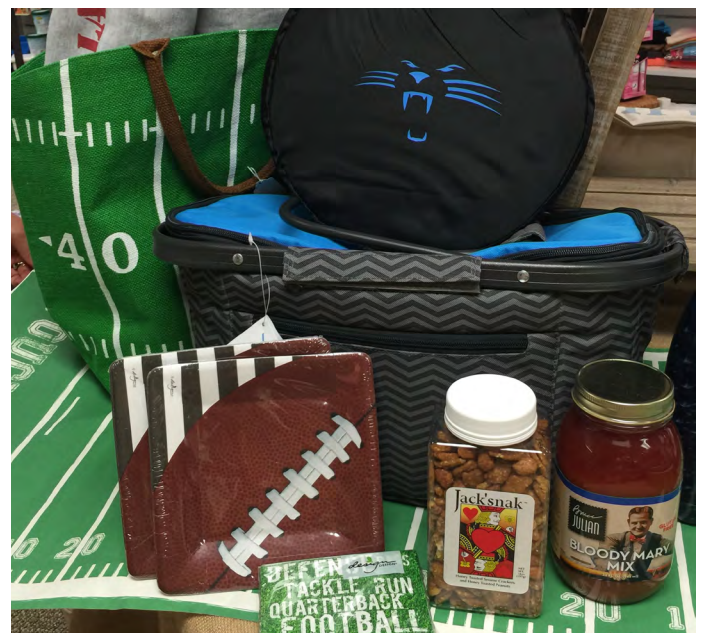
### Get Ready for Tailgate Season!

Football season is here! GoodNews has fun bags with team colors and Panthers logos, along with insulated baskets, coolers and paper products great for fall picnics or your favorite football tailgate.



**GOODNEWS**  
the shop@Christ Church

And don't forget our yummy snacks to fill your basket. Our new Lizzie's cheese straws come in two tasty varieties, and we are well stocked with Jack's snacks, Bakers' peanuts and the smoky hot Wicked mix. And as always, all proceeds are donated to Episcopal Church Women (ECW) missions that support women and children in Charlotte and abroad.



### Costa Rica Reflections

by Jocelyn Cassada

Signing up for the July mission trip to Costa Rica was a big step outside of my comfort zone. I didn't know who else was going or what kind of work we'd be doing. The night before we left, a million worst-case scenarios ran through my mind: *What if I don't make any friends? What if the work is too difficult? What if I get Zika?*

From the moment we arrived in San José, I realized I had nothing to worry about. Everyone in our group and at the Diocesan house were incredibly kind and welcoming, the work was challenging but rewarding, and I rarely even saw a mosquito (but still wore bug spray – just in case).

We spent our days painting coat after coat of sealant inside of Iglesia La Ascensión and applying plaster to the outside. The work was sometimes tedious, but it felt amazing to be part of a community involved in the construction of something so special and beautiful.

I did a lot of things on the trip that I didn't plan on doing: I climbed up four levels of scaffolding to paint the very top of the church; I struggled to understand and respond to instructions given to me in Spanish at the work site; I played



tag and laughed with the adorable children at Hogar Escuela; I took a salsa dancing lesson; I shared my personal feelings during our daily reflection; I helped lead a morning devotion; I sang hymns and recited prayers in Spanish; and I went on an “extreme hike” in the rainforest in the pouring rain with three young women I met just a few days earlier. Signing up for the trip might not have been within my comfort zone, but everything that followed was SO worth it.

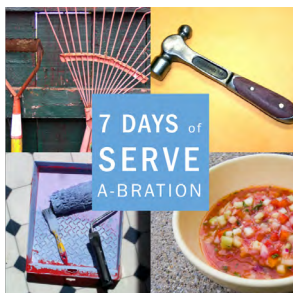
### Opportunities to Serve in Our Community

#### Matthew 25 is Calling All Chefs

Did you know that the Matthew 25 Guild of Christ Church bakes enough casseroles to serve 1,250 people each month? We are now gearing up for another busy season of feeding our neighbors at the Urban Ministry Center, Men's Shelter, Salvation Army Center of Hope, and Charlotte Rescue Mission. September through May, each volunteer makes one large casserole per month and delivers it to the Church. It's easy to prepare, the ingredients are economical, and the recipe never changes! Aluminum pans are provided. Please consider joining us as we feed those in need. For more information, contact Sally Mitchener (704-516-9307, [smitchener@aol.com](mailto:smitchener@aol.com)) or Lynn Tate (704-996-6601, [lynnsptate@gmail.com](mailto:lynnsptate@gmail.com)).

#### Men's Shelter of Charlotte

Looking for an easy serving opportunity for yourself or as a family? Serve dinner at the Men's Shelter with others from Christ Church on the first Sunday, second Friday, or fourth Thursday of each month, year-round, 5:15 - 7:15 PM. The Men's Shelter is an emergency shelter for adult men, with two locations (Tryon Street and Statesville Avenue). In addition to meeting the basic needs of shelter, clothing, showers and meals, the Men's Shelter also works alongside the men to identify sources of income and available housing so that they may move from homelessness into housing. Of the 600,000 meals served in a year at the Men's Shelter, Christ Church serves 12,000. To learn more or sign up, visit [www.christchurchcharlotte.org/shelter](http://www.christchurchcharlotte.org/shelter), or contact Deborah Shoemake at [shoemaked@christchurchcharlotte.org](mailto:shoemaked@christchurchcharlotte.org).



#### Serve-A-Bration 2016

Mark your calendars now for **November 6 – 12** as we celebrate Serve-A-Bration 2016, and join us in serving Christ by serving our brothers and sisters. Each year we dedicate a week to providing a wide variety of opportunities to serve others in our community in different ways. We will have projects for all ages throughout the week. Little or no experience is required – just a desire to help others. More information is coming in October.





### New This Fall: Children's Chapel

#### Every Sunday During 8:45 AM Worship

We are thrilled to announce a new worship opportunity for children in fifth grade and below! Beginning on September 18, Children's Chapel will be offered every Sunday during the 8:45 AM services. It promises to be engaging and interactive; using a variety of methods (story, movement, dialogue and the arts) to teach and explore the same Gospel Lesson that adults will also hear

preached about that day. This program will take the place of Godly Play, and aims to connect with a wider range of interests and ages. Families will begin worship together, and Children's Chapel attendees will exit by following the cross at the start of the Gospel Hymn. They will rejoin families during the Peace, in time for Communion.

As always, nursery care is provided for children birth through age 4.

### Sunday School is BAAAAACK!

**Sunday, September 18 at 10:00 AM**

It's time to officially kick-off Sunday School again! Every child has a class assignment, regardless of whether they have attended in the past or not. Watch for a postcard in the mail that indicates who your child's Sunday School teachers are and what room they will be in this year.

We can't wait to dive into God's Word with them through Faith Builders.



### JYC Kick-Off Party

**Cookout, Flag Football, and Field Games**

**Wednesday, September 14**

**6:00 – 7:00 PM**

All fourth and fifth graders are invited to come CONNECT at this casual, get-to-know-you event on the church lawn. There will be yummy food and games of all types (football, four square, gaga ball, etc.). Friends are welcome! Contact Katherine Vest ([vestk@christ-churchcharlotte.org](mailto:vestk@christ-churchcharlotte.org)) to learn more or get involved.



### What is Faith Builders?

It's the custom-made Sunday School curriculum designed especially for Christ Church, piloted last fall. After overwhelmingly positive feedback from families and our Sunday School teachers, we are excited to launch an even

more refined version of the program this year. We will start off with Old Testament favorites like Creation, Abraham and Sarah, Noah, Moses and even a special lesson on Generosity. Come build up your faith with us!



### Basics of World Religions

**Wednesdays, September 21 & 28**  
**6:00 – 7:30 PM**

Join The Reverend Matt Holcombe as he explores the basics of the most popular religions in the world. If you have ever wondered about the differences and similarities between Christianity, Islam, Judaism, and Hinduism you won't want to miss this crash course. Come with questions for this important formation opportunity. To help us plan, you may register (free) at [www.christchurchcharlotte.org/world](http://www.christchurchcharlotte.org/world). Walk-ins are also welcome.

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### The Daring Way

**Wednesdays, September 14 - October 5, 9:15 - 11:15 AM**

Join this four-week class led by The Reverend Matt Holcombe, based on the work of Brené Brown, to examine the thoughts, emotions and behaviors that hold us back and identify new choices that lead to a more authentic and whole-hearted life. Registration (\$50) is required at [www.christchurchcharlotte.org/daringway](http://www.christchurchcharlotte.org/daringway).

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### Rising Strong

**Wednesdays, October 12 - November 9, 6:00 – 7:30 PM**

Rising Strong is a highly experiential methodology based on the research of Dr. Brené Brown, and a follow up to The Daring Way. (It is not necessary for you to take The Daring Way to participate in Rising Strong.) As a group we will examine the thoughts, emotions, and behaviors involved in the reckoning, rumble, and revolution of rising strong. The primary focus of the group sessions is to develop daily practices that transform the way you examine, share, and own your story. Sessions incorporate Christian teachings and are led by The Reverend Matt Holcombe. Learn more and register (\$50) at [www.christchurchcharlotte.org/risingstrong](http://www.christchurchcharlotte.org/risingstrong).

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### Spiritual Growth and the Enneagram

**Wednesdays, September 21 - November 30, 7:00 - 9:00 PM**

The Enneagram is about people – how we are the same, how we are different, what makes us tick, how we get in our own way. The Enneagram can help us develop a more authentic relationship with ourselves and others ... and discover a deeper relationship with God.

The Enneagram describes nine fundamental personality styles, each of which has its own internal logic, strengths, talents and advantages, as well as limits, pitfalls and blind spots. It helps explain why we behave the way we do. We begin to recognize our own patterns of behavior and unmask our illusions, so that there can be room for real life.

Registration (\$25) required at [www.christchurchcharlotte.org/enneagram](http://www.christchurchcharlotte.org/enneagram).

### Love and Logic Parenting Classes

**Love and Logic: Teen Focus**

**Wednesdays, September 14 - 28, 6:00 - 7:30 PM**

Ready to regain your cool, calm head in parenting? Want to learn strategies and approaches that really work? Teen topics in this course include putting an end to arguing, back-talk and begging; teaching responsibility with love; setting limits; avoiding power struggles; guiding children and teens to own and solve their own problems; and teaching teens to complete chores without pay or reminders.

**Love and Logic: Preschool Focus**

**Wednesdays, September 21 - October 5, 9:30 - 11:00 AM**

These classes are designed to give participants practical skills that can be used immediately with preschool aged children.

**Love and Logic: Elementary Focus**

**Wednesdays, November 2 - 16, 6:00 - 7:30 PM**

Do your kids argue about things that are absolutely absurd? Most kids have mastered the art of not-so-subtle manipulation by utilizing all their natural resources: tears, whiney voices, slamming doors, disrespect. Join us for this workshop where you'll receive tools to help make parenting easier and that you actually feel good about using, helping to forge a strong parent/child relationship and build self-esteem in children. You'll learn how to give effective time-outs, avoid ridiculous arguments, and put together consequences that you can actually follow through with.

**Registration (\$25 per family) is required at [www.christchurchcharlotte.org/parenting](http://www.christchurchcharlotte.org/parenting).** If this cost is prohibitive for you, please contact The Reverend Matt Holcombe for confidential assistance. Free childcare is available upon request.

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### Other Opportunities to Grow

**Yoga for the Spirit**, Sundays at 4:00 PM (\$10)

**Centering Prayer**, Mondays at 5:30 PM

### Communication Skills Training

**October 11 - 13, 8:30 AM – 3:30 PM**

Find details at [www.christchurchcharlotte.org/CST](http://www.christchurchcharlotte.org/CST). Registration (free) is required.

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*If the cost of any class is prohibitive for you, please contact The Reverend Matt Holcombe for confidential assistance.*

## ADULT FORMATION

### Bible Studies for Everyone

#### Christ Church Women's Bible Study (CCWBS)

On Thursday mornings, September 22 - March 16, women of all ages will gather weekly to study, learn, and grow together, with clergy and guest speakers leading the lectures, and small group discussions afterward. This fall we will study the book of Psalms. Registration (\$60) required at [www.christchurchcharlotte.org/ccwbs](http://www.christchurchcharlotte.org/ccwbs). Childcare for children ages 0 – 4 is available by reservation (\$50 for the year). If these costs are prohibitive for you, please contact The Reverend Matt Holcombe for confidential assistance.

#### Reading Between the Lines

##### Tuesdays, 9:00 - 11:00 AM

Dive deep with a new study group beginning September 6. We hope to make connections between scripture and our lives, and delve into group interests that arise from cultural and literary inspirations. Go to [www.christchurchcharlotte.org/bible](http://www.christchurchcharlotte.org/bible), or contact Amanda Anders at [randl617@gmail.com](mailto:randl617@gmail.com) or Caroline Stoneman at [caroline@stoneman.me](mailto:caroline@stoneman.me) to learn more and register.

#### Women's Evening Bible Study

Mondays (twice monthly) at 7:00 PM

#### Young Adult Women's Bible Study

Wednesdays at 7:00 PM, beginning September 21

#### Young Adult Men's Bible Study

Wednesdays at 7:30 AM

#### Thursday Morning Bible Study

Thursdays after 7:30 AM Holy Eucharist

### ECW (Episcopal Church Women)

Save the date for the

## 2017 Women's Retreat!

May 5 - 7 at Kanuga



### FAITH FORUM

Don't miss these outstanding speakers this fall! Join us at **10:00 AM in All Saints' Hall** on selected Sundays.

#### Malcolm Guite

##### Sunday, September 18, 10:00 AM

World-renowned poet, author, singer-songwriter, priest, musician, and gifted theologian, Malcolm is the Chaplain at the University in Cambridge, England and travels extensively sharing his many gifts and love of the gospels.



For a more personal experience with Guite, consider attending **The Soul of A Musician Coffeehouse** on **Saturday, September 17 at 7:00 PM** at the home of Peter and Alice deVries. Tickets are \$20 (limit 3). Go to [www.christchurchcharlotte.org/coffeehouse](http://www.christchurchcharlotte.org/coffeehouse) to learn more and purchase tickets.

#### Sue Johnson

##### Sunday, October 9, 10:00 AM

Clinical psychologist, author, research, professor, and innovator in the field of relationships and couples therapy, Sue is the innovator of Emotionally Focused Therapy (EFT) used by therapists around the world, and author of the bestseller, *Hold Me Tight*.

#### Walter Brueggemann

##### Sunday, October 23, 10:00 AM

One of the most influential Bible interpreters of the 21st century and author of over 100 books, Walter is an ordained minister who makes the pages of the Bible come alive through his prophetic wisdom, explanation, and interpretation.

#### Kathy Izard

##### Sunday, November 13, 10:00 AM

Author of *The Hundred Story Home*, Kathy is a talented developer, designer, consultant, and social change activist. Inspired to do more, Kathy changed the course of her life and took on the seemingly insurmountable task of building housing for Charlotte's homeless. She says: "If you are restless and searching for a purpose in life, I know exactly how you feel, because that was me ten years ago. If you start to listen, I believe something is calling you, too. Whatever it is big or small, I encourage you to Trust the Whisper."



## Fall Youth Kick-Off

**Wednesday, September 14, 6:00 – 7:00 PM**

Join us on the front lawn for food, fellowship and fun! All 4th – 12th grade students are invited to attend. More information will be sent to families individually. We hope to see you there!

## Small Group Options This Fall

**Grades 6 - 8 EYC** (Episcopal Youth Community)

**Wednesdays, 5:30 – 7:00 PM in All Saints' Hall**

Beginning Wednesday, September 28, all middle school students are invited to gather at 5:30 PM for dinner, followed by activities, Bible study, and small group discussions from 6:00 – 7:00 PM. This is a wonderful opportunity to foster relationships with your peers at Church, build your foundation of faith, and meet spiritual mentors who will be there for you as you grow. EYC will not meet when Faith Talks are scheduled. Contact: Lindsay Masi at [masiL@christchurchcharlotte.org](mailto:masiL@christchurchcharlotte.org).

**Grades 9 - 10 Life Group**

**Wednesdays, 6:00 – 7:00 PM at the homes of Clem McDavid, Kim Gordon, and Anne and Steve Schmitt**

Contacts: Clem McDavid at [ccmcdavid@gmail.com](mailto:ccmcdavid@gmail.com), Kim Gordon at [sales.kgordon@gmail.com](mailto:sales.kgordon@gmail.com), and Anne Schmitt at [anneschmitt@me.com](mailto:anneschmitt@me.com).

**Grade 11 Life Group**

**Wednesdays, 7:00 – 8:00 PM, Moe's on East Blvd.**

Contacts: Jim Clardy at [jim\\_clardyjr@ml.com](mailto:jim_clardyjr@ml.com) and Meredith Trusty at [meredith.trusty@gmail.com](mailto:meredith.trusty@gmail.com).

**Grade 12 Life Group**

**Tuesdays, 7:00 - 8:00 PM at the home of Alice deVries**

Contacts: Alice deVries at [aliceadevries@gmail.com](mailto:aliceadevries@gmail.com) and Steve Garbee at [steve@royalcupcoffee.com](mailto:steve@royalcupcoffee.com).

## Youth Ministry Staff Contacts

**Lindsay Masi**, Youth Minister, Middle & High School  
[masiL@christchurchcharlotte.org](mailto:masiL@christchurchcharlotte.org)  
 704-714-6971

**Deborah Shoemake**, Administrative Assistant  
[shoemaked@christchurchcharlotte.org](mailto:shoemaked@christchurchcharlotte.org)  
 704-714-6959



## Family Faith Talks

The youth department is excited to bring back Family Faith Talks this year! We invite all middle and high school families (teens and parents) to join us on the third Wednesday each month, 6:00 - 7:00 PM, for dinner and conversation. *(Note: We will not have a gathering in December, and our March Faith Talk will be held on Ash Wednesday, March 1, rather than the third Wednesday of the month.)*

Faith Talks are gatherings for families to sit in fellowship and discuss real-life faith issues. We hope to help you remember your purpose, and support you in building a strong foundation here at your spiritual home. Each gathering will include a light dinner, engaging activities, guest speakers, and lots of prayer. Below is a list of the Faith Talks scheduled for this school year. Join us! If you have questions, contact Lindsay Masi.

September 21 - Checking In Before You Check Out  
 October 19 - Living a Generous Life  
 November 16 - Harvesting your Faith  
 January 18 - Can You Hear Me Now?  
 February 15 - Family Outreach and Mission  
 March 1 - Giving Up, Taking On, and Talking About Lent  
 April 19 - Rooted in Faith

Registration (\$8 per person) is required at [www.christchurchcharlotte.org/faithtalks](http://www.christchurchcharlotte.org/faithtalks). If this cost is prohibitive for you, please contact The Reverend Matt Holcombe for confidential assistance.



### Living Your Strengths

**Mondays, September 19 - November 1, 6:30 PM**

If you want to understand, appreciate, and better exercise your gifts and strengths, you will enjoy this course. Explore what makes you happy, alive, and energized, and how your gifts help you grow spiritually in all areas of life. The course is six sessions. Class size is limited and is appropriate for adults of all ages. Several couples have enjoyed participating together. For more information or to register for a class, contact Lisa Saunders at [saundersl@christchurchcharlotte.org](mailto:saundersl@christchurchcharlotte.org).

### Blessing of the Animals

**Sunday, October 2, 4:00 PM**

Bring your creatures, great and small, as we celebrate the Feast of St. Francis and the Blessing of the Animals in the circle in front of the Church. For their own safety, please make sure all animals are on leashes or in carriers.



### AGING MATTERS

Join us for these monthly conversations on topics related to aging and caring for aging loved ones. All programs meet at **7:00 PM in M207**.

#### **Pearls of Wisdom**

**Wednesday, September 21**

Share a pearl of wisdom you have learned about aging or caring for the aging, and take home the pearls of others.

#### **Living with a Chronic Illness**

**Wednesday, October 19**

Camille and Andy Salisbury share what has given them hope and heart while Andy lives with Parkinson's Disease.

#### **The Spirituality of Aging**

**Wednesday, November 16**

The Reverend Cathy Hasty, R.N. Director of Health Ministry and Pastoral Education, Novant Presbyterian Hospital

### Caregivers of Aging Parents Support Group

Dr. Lyndall Hare, who has a Ph.D. in Gerontological Studies, will lead this monthly group every fourth Wednesday at 3:00 PM at Southminster. For more information, contact [ghudson@southminster.org](mailto:ghudson@southminster.org). All are welcome.

### Living with Grief and Hope

A four-week series for those coping with grief and loss will be held on Wednesday evenings, October 5, 12, 19 and 26, 7:00 - 8:15 PM. A daytime offering will be held on the same Wednesdays, 1:00 - 2:15 PM. No one need carry grief alone; knowing that others understand how we feel can lessen the hurt and strengthen the hope. Each meeting will be led by The Reverend Lisa Saunders. Register for the course by contacting Lisa at [saundersl@christchurchcharlotte.org](mailto:saundersl@christchurchcharlotte.org) or 704-333-0378.

### Fall Parish Day is September 11!

As we wind down the summer days, we look forward to cool fall weather and reuniting with our church family! Please join us on Sunday, September 11, as we celebrate our spiritual home and usher in the upcoming program year. After the **10:00 AM Festival Eucharist in All Saints' Hall**, we will enjoy fabulous music, fantastic food, and fun entertainment for kids and adults of all ages, including bounce houses, a cake walk, face painting, balloon animals, and new this year: a trackless train! Come dressed for comfort and prepared for fun! If you would like to volunteer or provide individual baked treats for the cake walk, please contact Kathryn Saunders at [saundersk@christchurchcharlotte.org](mailto:saundersk@christchurchcharlotte.org).



### iGroups

The successful summer launch of our new iGroups ministry concluded with a Family Movie Night in All Saints' Hall, where parishioners and friends gathered to enjoy popcorn, pizza and *The Lion King*. It was a roaring good time! Be on the lookout for lots more events (including "Dance Fever!") as we continue to offer open-invitation social gatherings designed to deepen your relationships with old friends and meet new ones. Events are open to all, so always feel free to invite family, friends and neighbors! Visit [www.christchurchcharlotte.org/igroups](http://www.christchurchcharlotte.org/igroups) to find out what's coming up next.



### Connect Class

**Sunday, October 2, 10:00 AM - 2:00 PM**

Are you interested in connecting more deeply to your spiritual home? We are thrilled to offer this opportunity to get to know other parishioners, as well as a few clergy members, on a more personal level. This class is designed for newcomers, but is ideal for anyone wanting to have a deeper connection to Christ Church. We'll explore several topics and give you insight into what's here for you. The result? Hopefully, a better understanding of ourselves and our mission to "Love God, Care for Each Other, and Serve the World." Lunch will be provided and childcare is available upon request.

### Newcomer Dinners

**First Wednesdays, October through April  
5:30 – 7:00 PM in M207**

If you are new or relatively new to Christ Church and would like to connect with others who are new as well, we invite you to the Newcomer Dinners beginning Wednesday, October 5. These monthly events are an opportunity to gather for dinner and conversation, including a special guest who will share a little of what's going on around Christ Church.

**For more information about any of these events**, contact The Reverend Patty Willett at [willettp@christchurchcharlotte.org](mailto:willettp@christchurchcharlotte.org) or 704-714-6940, or Kathryn Saunders, Director of Newcomers and Parish Life, at [saundersk@christchurchcharlotte.org](mailto:saundersk@christchurchcharlotte.org) or 704-714-6974.



## From The Kitchen With Love



By Chef Eric Love, Food Service Director  
lovee@christchurchcharlotte.org

Hello parishioners, friends, and neighbors. I am eager for the fall dining season to begin. Here's some information about our dining programs this fall:

**WEDNESDAY NIGHT BUFFET** begins Wednesday, September 7, and will run through April. Dinner begins at 5:30 PM and is served until around 7:00 PM in the Blue Room. The cost is \$9 for adults (ages 13 and up), \$6 for children ages 4 – 12, \$8 for seniors (65 and older), and a family max of \$40. Again, an awesome meal and a great value! No reservations are needed.

**SUNDAY BRUNCH BUFFET** begins Sunday, September 18, and will run through the end of April. Brunch begins at 11:15 AM and is served until 1:00 PM in the Blue Room. Cost is \$9 for adults, \$8 for seniors, and \$6 for children (4-12), with a family maximum of \$40 for a great meal and a great value! Numerous food stations ensure there is something for everyone. We would love to see you every Sunday. I guarantee your satisfaction! No reservations are needed.

**FOOD TO GO** is offered on Thursdays (not every Thursday, but we try to offer two a month). We begin selling items at around 8:30 AM, until everything is sold. Selections will vary, including homemade soups and sauces, entrees, desserts, and side dishes (usually six to eight different food items for sale). Prices vary, but they are always a great deal! This is an extremely popular program; my best advice is to get here as close to 9:00 AM as possible to get the best selection. The Food To Go menu is emailed on Mondays, and a reminder is sent on Wednesday. If you would like to be added to the email list, please contact me.

**CATERED FOOD** - Christ Church Kitchen offers limited catering to parishioners and friends. The "limited" part means we cannot deliver food or provide on-site catering services; however we can make most food items you may need. No order is too small, and rarely are any too big. Whether a single casserole dish for a sick friend or a full hot meal with all the trimmings for a special occasion, we can provide for almost all of your food needs. Everything is fresh, homemade, delicious and extremely affordable. Just contact me for more information or to place a catering order.

**FOOTBALL SEASON TAILGATE CATERING** - The Christ Church Kitchen Ministry "specializes" in great tailgating food! Chef Eric can provide details, but whether you're hosting or attending a Panthers or college tailgate party, we can provide all the food you'll need!

Thanks for your continued support and patronage; it is always a pleasure to serve you and I look forward to doing so again this upcoming dining season.

## *In the Parish*

### New Members

Alex Castle  
Christie and Brooks Garella

### Marriages

Kathleen DeLaney Bradshaw and  
Carl Jeffress Burchette  
Elizabeth Parrish Horne and  
Frederick Deane Bierbower

### Births

Jose Nicolas Costa, son of  
Cindy and Jose Costa  
Benjamin Franklin Hill, V, grandson of  
Ben and Kathy Hill  
Tucker Manning Matthews, grandson of  
Dee Schwab, and Nelson and Jane Schwab  
Samuel John Neilson, son of  
Molly and Casey Neilson  
Wesley Alexander Philpott, grandson of  
Marion Carson  
Scott Andrew Reichard, grandson of  
Kim and Ed Cherry  
Frances Ellen Thies, daughter of  
Peggy and Charles Thies  
Owen Alexander Watts, son of  
Brittney and David Watts,  
grandson of Shelby Watts

### Deaths

Hector A. Cafferata Jr., father of Deborah ReFalo  
David Flowers, brother of Michael Flowers  
Albert Lindemann, Jr., father of Al Lindemann, III  
John Myers, brother of Lois Ann Partridge  
Dolores Richardson, mother of Beth Brady  
Allen Stokes, father of Bill Stokes



The Disciple (USPS#679-610)  
Published monthly by Christ Episcopal Church  
POSTMASTER: Send address changes to  
Christ Episcopal Church  
1412 Providence Road  
Charlotte, NC 28207-2543



**Christ Church Charlotte**  
CHRIST EPISCOPAL CHURCH

Office Hours:  
Monday - Friday 8:30 AM - 4:30 PM  
704-333-0378

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# FALL FEST



*An evening celebration of*  
**FALL, FOOD & FELLOWSHIP**  
*Hosted by the Christ Church  
Nursery Committee*

**TRUE PIZZA FOOD TRUCK  
& TRIPLE C MICROBREWS**

INVITE YOUR GROWN-UP FRIENDS!

**FRIDAY, 09-30-16  
6 TO 9 PM**

*Christ Church Charlotte  
1412 Providence Road*

**\$30 PER TICKET/\$50 FOR 2  
PRICE COVERS FOOD & DRINK**

TO PURCHASE: [www.christchurchcharlotte.org/fallfest](http://www.christchurchcharlotte.org/fallfest)



Let the little children come to me, and do not stop them, for it is  
to such as these that the Kingdom of heaven belongs.  
Matthew 19:14



Let no one despise you for your youth, but set the believers an example  
in speech, in conduct, in love, in faith, in purity.  
1 Timothy 4:12



They devoted themselves to the apostles' teaching and fellowship,  
in the breaking of the bread and the prayers.  
Acts 2:42

For more information visit our website or contact one of our clergy or staff members.



**Christ Church Charlotte**  
[www.christchurchcharlotte.org](http://www.christchurchcharlotte.org)  
1412 Providence Road | Charlotte, NC 27207  
704-333-0378

# The Journey

## Christian Formation for All

2016 - 2017

### We are all on a journey.

Regardless of your age or stage, there is a place for you at Christ Episcopal Church. At the core of our mission, we seek to be a community that equips and empowers people on their walk with Christ. One of the most important ways we do this is through educational offerings that we call Christian formation.

**Formation is a vital part  
of the life-long process  
of learning how to love  
God, care for each other,  
and serve the world.**

The Journey is how our community, and you, can intentionally grow closer to God through study, practices, and meaningful experiences. The Journey has been specifically designed for our community, by our community. We're glad you have chosen to walk The Journey with us. We look forward to supporting you as you explore, grow, and deepen your relationships with God, yourself, the world and all of God's creation.



*Where are you?*



## Children

From an early age all of God's children are invited to explore, grow, and deepen their faith in a safe and nurturing environment at Christ Episcopal Church. Many begin the journey as they receive the Sacrament of Holy Baptism and are welcomed into the Body of Christ, the Church. All children, regardless of age, are always invited to participate in all worship services. The Nursery is also available for children six weeks old through four years old.

### Finders Ages 2 - 3

**EXPLORE** When your child turns two years old they are invited to participate in Sunday School to begin learning about God and the Bible.

**GROW** The love of Jesus Christ is introduced to children as they learn through play, story-telling, and the arts at Church and CCK Preschool.

**DEEPEN** As the spiritual needs of your child begin to develop, we are there to help them know Jesus Christ and to help them make Christ known to others.

### Voyagers Age 4 - Kindergarten

**EXPLORE** The Discovery Service at 11:15 AM and Children's Chapel during the 8:45 AM services are great ways for your child to explore God's love.

**GROW** Music Club on Wednesday afternoons will help your child grow and learn about what it means to make a joyful noise for God!

**DEEPEN** Vacation Bible School provides a rich, deep, and fun way to enthusiastically engage in an array of activities that feed the soul and mind.

### Seasonal & Special Events

Read the bulletin, check your email, and visit our website to learn about our Advent Festival, Blessing of the Backpacks, and many more ministries that can help you and your children along their journey.

### Seekers Grades 1 - 3

**EXPLORE** First graders explore what Communion is all about during a special class, and are invited to serve as Young Ministers at the Discovery Service.

**GROW** Second graders can join the Junior Youth Chorus as they learn how to build community and use the gifts God has given them.

**DEEPEN** Third graders are our cast members for the annual Christmas Pageant and help the story of Jesus' birth come alive.

### Navigators Grades 4 - 5

**EXPLORE** Every year our fourth graders learn the books of the Bible (all 66), recite them, and receive a Bible to help them explore scripture at home.

**GROW** Junior Youth Connect (JYC) is designed especially for our fourth and fifth graders, who come together monthly for outreach, fellowship, and fun.

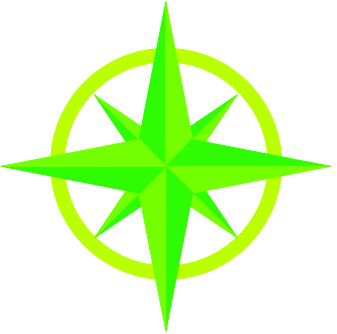
**DEEPEN** Fifth graders learn about God, their bodies, and the gift of sexuality in the context of our Christian Faith with "He, She, We, and God." As a community we are committed to making connections with your tween to let them know we are interested in them during these important years of growth and change.

#### Children's Formation Questions?

Anne Cullen, [cullena@christchurchcharlotte.org](mailto:cullena@christchurchcharlotte.org)  
Katherine Vest, [vestk@christchurchcharlotte.org](mailto:vestk@christchurchcharlotte.org)  
Emily Kalmbach, [kalmbache@christchurchcharlotte.org](mailto:kalmbache@christchurchcharlotte.org)

## Youth

Our goal is to build relationships and help families do what they do better than anyone else: instill a rich and full sense of Christian identity in their children, and equip them to be the Church in the world.



### Explorers Grades 6 - 8

**EXPLORE** Episcopal Youth Community (EYC) is for our middle schoolers to explore the Bible, enjoy fun and fellowship, serve others, and build community.

**GROW** Seventh graders participate in the Rite 13 ceremony and celebrate the gift of womanhood and manhood as they take up the responsibility to use their God-given power wisely.

**DEEPEN** After meeting the necessary requirements, eighth graders are invited to express a mature commitment to Christ through the sacramental rite of Confirmation with the laying on of hands by the Bishop.

### Seasonal & Special Events

Unique opportunities for our teens include the middle school retreat, high school retreat, Happening, Glory Ridge mission trip, and Faith Talks, an interactive monthly dinner for parents and youth.

#### Youth Formation Questions?

Lindsay Masi, [masil@christchurchcharlotte.org](mailto:masil@christchurchcharlotte.org)  
Deborah Shoemake, [shoemaked@christchurchcharlotte.org](mailto:shoemaked@christchurchcharlotte.org)

### Pilgrims Grades 9 - 10

**EXPLORE** Life Groups meet by grade weekly for transformational conversations about life and faith.

**GROW** Ninth graders begin serving God and the Church as acolytes, and begin building the foundational essentials for the youth pilgrimage.

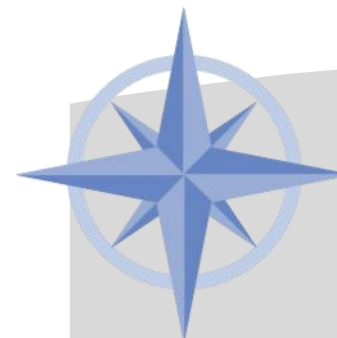
**DEEPEN** Tenth graders have the opportunity to encounter God through a once in a lifetime pilgrimage experience.

### Pathfinders Grades 11 - 12

**EXPLORE** Big questions about God and the world are encouraged in Life Groups and Sunday School as youth and leaders seek answers together.

**GROW** As life after high school beckons, the tools, resources, and gifts that your youth has learned are put to use in and around our community.

**DEEPEN** Students in eleventh and twelfth grades may participate in the leadership of the Church and youth ministry as members of the Youth Council.



## Adults

With over 40 formation opportunities for you to explore, grow, and deepen we have something for everyone.

### EXPLORE

Bible studies are a great way to equip and empower you for your spiritual journey. Our clergy classes and Faith Forums are also excellent opportunities to explore different themes about Christianity, life, and our Christian faith.

### GROW

Learning a new spiritual practice or attending a multi-session class is a great way to grow in your faith. Pick up an *Invitation to Ministry* booklet to learn more about all the ways you can grow at Christ Church.

### DEEPEN

Retreats, mission trips, pilgrimages, Confirmation Class, Connect Class, and many other offerings are an ideal way for you to deepen your relationship with God.

#### Adult Formation Questions?

Jenny Beaumont, [beaumontj@christchurchcharlotte.org](mailto:beaumontj@christchurchcharlotte.org)  
Debbie Pollack, [pollackd@christchurchcharlotte.org](mailto:pollackd@christchurchcharlotte.org)