

JANUARY 2017

The Disciple

News & Events at Christ Church Charlotte



Love God
Care for Each Other
Serve the World

Arise, Shine;

...for your light has come,
and the glory of the Lord has risen
upon you.

For darkness shall cover the earth,
and thick darkness the peoples;
but the Lord will arise upon you,
and his glory will appear over you.

ISAIAH 60:1-2

On Epiphany (January 6) we remember the Wise Men coming to Bethlehem to worship the Baby Jesus, led by the bright light of a star. During this season, we celebrate the light that shines in the darkness. Christ Church is filling the world with light as parishioners generously share their time, money, and other gifts with others. In this and future issues you'll find some of their stories.

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Serve-A-Bration

Sundays in January

RECTOR'S CLASS

8

A New Year of Living A Generous Life

January 8
10:00 AM, All Saints' Hall

How will you be generous in 2017? Come explore and deepen the many ways God is inviting you to live generously at home, work, and in the community. This Generosity 2.0 class presented by The Reverend Chip Edens will build upon what we've already learned and deepen our understanding about what it means to live a generous life.

FAITH FORUM:

22

Mental Illness

Dr. Alyson Kuroski-Mazzei, CEO, and Dr. Tom Gettelman, Chief Clinical Officer, of HopeWay

January 22
10:00 AM, All Saints' Hall

The Reverend Chip Edens will talk with Dr. Alyson Kuroski-Mazzei, CEO, and Dr. Tom Gettelman, Chief Clinical Officer of HopeWay, a supportive therapeutic community that meets the needs of adults and families living with mental illness in the Charlotte region. Learn what resources are available at HopeWay as we break down the stigma of mental illness and reveal how hope, excellence, and trust are part of the solution.

FAITH FORUM:

15

Transformational Generosity

January 15
10:00 AM, All Saints' Hall

The Reverend Lisa Saunders will talk with a panel of parishioners about how challenges transformed their lives. Hear how compassion, hope, and love grew out of loss, struggle, and pain. As Paul says in II Corinthians 1:3-4, "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in affliction."

FAITH FORUM REWIND

29

January 29
10:00 AM, All Saints' Hall

Join the Associate Rectors as we hit the rewind button and go deeper into topics presented by recent Faith Forum speakers.

We'll discuss what spoke to us, challenged our way of thinking and changed our perspectives.

To view any of our past Faith Forum conversations, visit www.christchurchcharlotte.org/faith-forum-videos. Faith Forum is also live-streamed at www.livestream.com/christchurch.

First Fridays for Men

Around 40 men came out for breakfast on November 16 to hear NFL Hall of Fame Tight End Kellen Winslow speak about "Tackling Manhood." It was an impactful talk on the importance of family, faith, coaches and mentors.

Our next First Friday for Men will be held January 6 at 7:00 AM. Our speaker will be Boris Henderson from Habitat for Humanity.

For more information, visit www.christchurchcharlotte.org/men.



WEDNESDAY NIGHTS IN JANUARY: Mental Health Series

Art & Cooking Therapy: Nourishing Mind, Body, and Soul

January 11, 6:00 – 7:30 PM, M207

Join two of HopeWay's adjunctive therapists, Art Therapist Marianne Huebner and Health and Wellness Specialist Ellen Jones, in a discussion about how adjunctive therapies are key ingredients in the recipe for whole body wellness. Learn about the effects of specific nutrients and art materials on the brain, as well as the emotional benefits of cooking and art making.

About Marianne Huebner: Hopeway's licensed art therapist, Marianne Huebner, studied fine art at the University of Wisconsin-Milwaukee, as well as abroad in Florence, Italy, earning her BFA. She later earned a Master's degree in Art Therapy. A leader in the art therapy field, she has presented nationally, and is passionate about her work as she guides the creative process to foster the journey towards healing, reconciliation and hope.

About Ellen Jones: A registered dietician, Ellen Jones is HopeWay's Health and Wellness Specialist. With a Master's degree in Human Nutrition, clinical experience with medical nutrition therapies, and a personal passion for healthy cooking, Ellen leads cooking and nutrition classes in HopeWay's Learning Kitchen.

Trauma Recovery

January 18, 6:00 – 7:30 PM, M207

We will learn what trauma is, as Sheri Tiziani discusses how to identify different types of trauma, discusses post-traumatic growth, describes and highlights the benefit of mindfulness exercises in trauma healing, and identifies different types of trauma therapies and effective coping mechanisms.

About Sheri Tiziani: Sheri Tiziani has 15 years of experience in the field of mental health, and has practiced as a Licensed Professional Counselor since 2007. Sheri is currently a Primary Therapist at HopeWay where she provides individual, group, and family therapy for adults in the Intensive Outpatient, Partial Hospitalization, and Residential Programs.

Stages of Change

January 25, 6:00 – 7:30 PM, M207

HopeWay Director of Admissions Justin Perry will offer a fresh look at the recovery process from mental health and substance use disorders. For those recovering and their family members, "Stages of Change" is designed to break-down stigma and provide a nuanced understanding of the process of recovery from mental illness and addiction. Whether you are directly affected or simply interested in having a general understanding of what other people are going through, all are welcome.

About Justin Perry: Justin Perry, MSW, LCSW, LCAS, CSI is Director of Admissions at HopeWay. He has over 12 years of experience working with children, adolescents, and adults who have experienced trauma, and/or are managing mental health and substance use disorders. He began his work in the field in college, spending his summers as a community builder in the Brookhill, Southside, and Wilmore neighborhoods. He was a Servant Leader Intern for Charlotte's pilot Freedom School in 2002.

Men's Retreat

January 20 - 22, 2017

All men of Christ Church are invited to attend a weekend in Valle Crucis, NC, focused on fellowship and a much needed retreat from our busy lives. A short program on "Christian Courage" will be led by The Reverend Matt Holcombe. Cost is \$175 per person for all meals and two nights of lodging. Confidential scholarship assistance is available. Visit www.christchurchcharlotte.org/mens-retreat to learn more and register.

CHILDREN & FAMILIES

Faith Builders

Whether your children have yet to make it to Sunday School, or have come every week this fall, it's never too late to join us! Every child has an assigned class, regardless of past attendance.



Start the new year off RIGHT and let our fun, fabulous Sunday School teachers bring the Bible to life for your family. We can't wait to see you in 2017!



Junior Youth Connect (JYC) is now Navigators

It's a new year, and we have a new name! What has been JYC (Junior Youth Connect for fourth and fifth graders will now be called Navigators, in keeping with what we call this age group in our custom-built Faith Builders Sunday School curriculum. All are welcome to us for the same fun, faith and fellowship we have always enjoyed, but under a shiny new name!



4th & 5th Grade JYC Navigators

Operation Sandwich
Tuesday, January 10, 5:00 – 6:30 PM

Come get your sandwich on at this now-annual service event when we will join together to assemble over 400 sandwiches for the Urban Ministry Center. They need this number of sandwiches every day to serve our homeless neighbors.



Christmas Pageant 2016

As we look toward many good things in the coming year, please enjoy a look at our last "big thing" from 2016: plenty of sparkle and smiles from the Christmas Pageant.



CONGREGATIONAL CARE

Meet Theo the Therapy Dog!

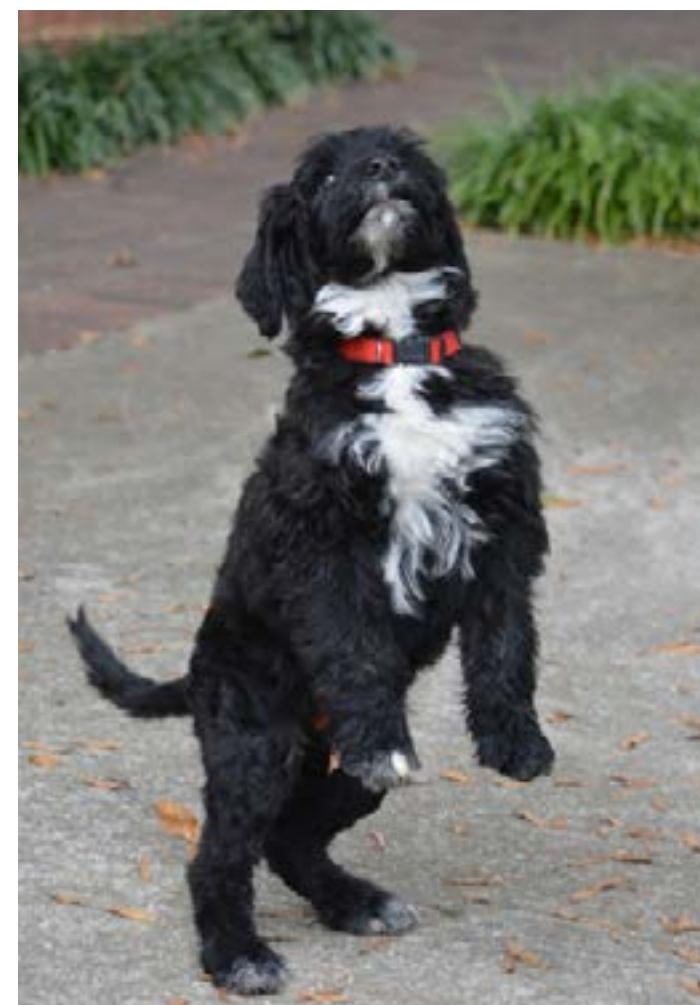
Theo is our first official canine partner in ministry. He is a four-month-old Portuguese Water Dog and is in training to serve as a therapy dog at HopeWay, Charlotte's new mental health care treatment and education center.

Therapy dogs are helpful in reducing stress, depression and anxiety. Theo is being trained at The Dog Knowledge. When his training is complete (at about 8 months old), he will go to live at HopeWay.

Christ Church parishioners who serve on Theo's team can "check out" Theo from HopeWay to make pastoral visits to parishioners at home, in the hospital, and at retirement centers. We anticipate Theo will bring joy and comfort for many years.

As part of his training, Theo will be coming to Christ Church every Sunday. You might see him in worship or at Sunday School. It helps him to be around different noises and situations and people. Please don't feed him and ask before petting him. We also have parishioners with service dogs who come to Church. Theo is hypo-allergenic and non-shedding, not to mention adorable. His training is funded by a Leap of Faith grant. The word "theo" is Greek and means related to God, and of course we all know what the word "dog" spells backwards!

For more information, contact Lisa Saunders at saundersL@christchurchcharlotte.org.



Aging Matters

Wednesday, January 18, 7:00 PM, M207

Come for practical tips to equip you to develop your estate plans. Led by Kimberly Mize and Graham McGoogan, estate attorney.

Altar Flowers

The flowers that grace the altar table are generously donated in honor, memory or celebration of loved ones.

We are seeking donors to provide the altar flowers in the Church for January 22 and February 12, 19, and 26.

If you are interested in one of these opportunities or learning more, please email Polly Pearce at polly.pearce@wellsfargo.com.



One very thoughtful person paid for two extra spots when he made his own reservations for the Sages Christmas lunch and for the widower's lunch. He wanted to cover the cost for others who might otherwise not be able to attend, inspired by the memory of his late wife, who was the most generous person he knew.

GENEROSITY
Shines

MISSION AND OUTREACH

Serve-a-bration 2016 was an amazing outpouring of love. Every day of the week, different Christ Church groups were out in our community preparing meals, reading to children, serving breakfast, and even putting up siding on a new home. Over 450 people were involved (more than double last year!). Thanks to you all for being beacons of love and hope and goodness.



If we can help you become more involved with any of these organizations, please contact Alice Marleaux at 704-714-6943 or marleauxa@christchurchcharlotte.org. Thank you for being Christ's hands and feet in our world. Thank you for stepping into proximity with neighbors who are different from you and leaning into uncomfortable spaces. Thank you for being love.

MISSION & OUTREACH

Class Matters

Wednesdays, January 11, 18, and 25
6:30 – 8:00 PM, St. Francis A

Were you disturbed by the Keith Scott shooting and subsequent demonstrations, looting, and talk of injustice and inequality? Have you been anxious to do something about it? In January we will have a series of classes called "Class Matters," an excellent, eye-opening first step in beginning to understand people who are different.

This class explores the economic, social, and experiential world of people in poverty, revealing how the survival-based orientation of poverty impacts learning, work habits, and decision-making. Our socio-economic class can determine our attitude toward things, even as simple as food. For people in poverty who may not know where their next meal is coming from, the question after a meal is, "Did you have enough?" For middle class folks who always have enough, it is, "Was it good?" And for the wealthy, who have enough food that is always well-prepared and good, it is, "Was it presented well?"

Beyond learning about different class perspectives, we will explore practical strategies for developing relationships with people who are different. We hope this will offer confidence for moving forward as we try to build bridges that connect us.

The class will be led by The Reverend Dr. Paul Hanneman, who was Program Director of the Urban Ministry Center for 15 years. To participate in this class, please register at www.christchurchcharlotte.org/class-matters.

Elizabeth House

Christ Church will host families at Elizabeth House January 15 – 19 by providing meals and serving as overnight hosts. Elizabeth House is one of three Charlotte Family Housing (CFH) shelters, providing a safe haven for four homeless families. Volunteers needed! Learn more and sign up at www.christchurchcharlotte.org/CFH.



PARISH LIFE & NEWCOMERS

Connect Class

Are you interested in connecting more deeply to your spiritual home? Come join us for our Connect Class on Sunday, January 22. We are thrilled to offer this opportunity to get to know other parishioners, as well as a few clergy members, on a more personal level. This class is designed for newcomers, but is ideal for anyone wanting to have a deeper connection to Christ Church. We'll explore several topics and give you insight into what's here for you. This will be the final offering this program year for this class. Lunch is provided and childcare available upon request.

For more information or questions, please contact The Reverend Patty Willett at willettp@christchurchcharlotte.org or 704-714-6940, or Kathryn Saunders at saundersk@christchurchcharlotte.org or 704-714-6974. To register, please contact Kathryn.

We hope you will join us for this fun class!

Newcomer Dinner

On the first Wednesday of the month, through April, we invite any and all newcomers to join us in M207 for dinner from 5:30 – 7:00 PM. It is a chance to meet other newcomers and some staff members, as well, and each month we will have a speaker from either the staff or parish discuss a little of what's going on around Christ Church. We would love to have you join us, as often you like! Please register with Kathryn Saunders at saundersk@christchurchcharlotte.org. Childcare is available upon request.



The Reverend Matt Holcombe's story about his family's tradition of a "Christmas Jar" has inspired other families to follow suit. This Christmas several presented their jars filled with a year's worth of loose change to be used to help someone in need.

GENEROSITY
Shines

CHRIST CHURCH PRESCHOOL & KINDERGARTEN

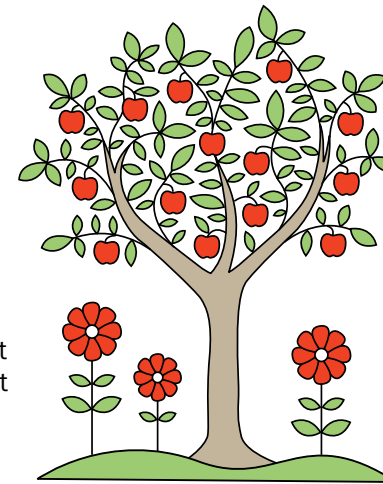
CCK Now Accepting Applications

Christ Church Preschool & Kindergarten is now accepting applications for the 2017-2018 school year.

Registration runs from January 4 to February 3, 2017. For more information visit www.christchurchcharlotte.org/cck.

Please join us for school tours on Wednesdays at 9:30 AM.

To RSVP for a tour, contact Meredith Sorrell, Assistant Head of School, at sorrellm@christchurchcharlotte.org.



GOODNEWS SHOP

Happy New Year!!

GoodNews will reopen after the holidays on Tuesday, January 3 with our Annual Winter Sale. All Christmas and select everyday items will be 50% off!!



ECW (Episcopal Church Women)

Room in the Inn

Women of Christ Church will host Room in the Inn on February 26. Find details and sign up to participate at www.christchurchcharlotte.org/riti.

Save the Date!
ECW Retreat at Kanuga · May 5-7, 2017

Your generosity overfloweth
and so does our gratitude!

Thanks to all who have made a pledge to the 2017 Stewardship Campaign. And it's not too late if you have not yet done so. Please contact the church with any stewardship questions.

2017 ANNUAL STEWARDSHIP CAMPAIGN
Live Generously

YOUTH

A Freedom School Experience

By Will Smith, 11th grader at Myers Park High School

Last summer, I was given the opportunity to volunteer with Freedom School Partners at Rama Road Elementary for two weeks in July. With this organization, I helped tutor and mentor many of the underprivileged children who rely on Freedom School for support during their long, uneventful summer days. Other than going to Freedom School, many of the young kids, ranging from first to seventh grade, were left with nothing to do in the summer, which led to a lack of educational stimulus. This boredom caused many of the students to fall behind academically in school.

Freedom School takes the initiative to avoid this slippery slope during the summer by offering a fun, educational environment for children living in poverty to spend their time. As a volunteer, it was my job to ensure that each child was utilizing his or her full potential in the classroom. It was also my privilege to have the chance to make friendships and bonds with the children that I will always remember.

Working with the kids was an experience that will have a lasting impact on me. I built unique relationships which changed my perception of life, allowing me to step out of my own reality and into the shoes of others who are less fortunate than myself. I still connect with many of the students, attending Freedom School volunteer events around Charlotte and tutoring twice a week at Rama Road. Freedom School was a great experience, and I look forward to helping the program more in the future.

Diocesan Convention from A Youth Perspective

By Owen Copps, 12th grader at Myers Park High School

In November, I was fortunate to go to the Diocese's Episcopal Convention in Raleigh as a youth delegate.

Convention is where representatives from the Episcopal Churches across the Diocese of North Carolina come together for a weekend and make resolutions, see what is going on in other parishes, engage in meaningful conversation, and learn, learn, learn. The latter is what I did with my time there.

That weekend, I learned that all the Episcopal Churches in our Diocese are directly connected. When the other youth delegates and I arrived on Thursday night, we went to a short training so we could get a sense of the way things were going to work. I learned that every resolution passed by vote on the floor (basically like a congress setting) applied to each and every Church in the Diocese. I was made aware of what motions I could make on the floor and what motions would give me some hairy eyeballs. I also had the opportunity to read over the resolutions

that were going to be discussed.

The resolution that drew the most attention for me was, naturally, a resolution that proposed to give the youth delegates a vote. It was wonderful to hear so many people support this idea. It was even more wonderful that it passed when it went to the floor on Saturday afternoon!

The most meaningful part, however, was seeing and conversing with so many passionate people who truly care about the Church. Spending time with these people, in whom I could clearly see God, taught me so much and is an experience I will treasure and build on for a long time.

EYC Resumes January 25

Calling all Middle School students!

On Wednesday, January 25 we will resume our Episcopal Youth Community (EYC) programming. We typically meet 5:30 – 7:00 PM for dinner and activities, but check your mail for a full calendar of the winter/spring events.

Middle School Dance

Friday, February 3

Our high school Youth Council is hosting Christ Church's fourth middle school dance! All middle school students are encouraged to attend. The dance will run from 7:00 – 9:30 PM with plenty of chaperones. Come dance with us!

Faith Talks: Can You Hear Me Now?

Communications Skills for Families

All middle and high school families are invited to join us as Jenny Beaumont guides us through some communications skills for families with teenagers. We will gather Wednesday, January 18, 6:00 – 7:30 PM. Dinner will be served. (\$8 per person). Please register for this event at www.christchurchcharlotte.org/faithtalks.



STAFF NEWS

We Welcome Our New Youth Minister



Adam Klevenhagen

Adam joined the staff in December as a lay minister with our Youth.

Adam was born in Pennsylvania, and in his senior year of high school received a call to youth ministry. He graduated from Geneva College with a degree in Student Ministries. During his time at Geneva College (and for two and a half years afterward) he volunteered at a local Church as part of

their youth ministry staff, leading small groups, occasional youth group nights, and assisting with other youth functions.

After college, Adam worked with a non-profit organization mentoring troubled youth ages 14 – 21, teaching life skills, job skills, and relationship building.

For five years, Adam has been married to Libby, who loves, encourages and supports him in all he does. Adam's hobbies include being a full-time comic book lover and spending time with his family and friends. Adam says, "I have always had a passion for ministry and I look forward to getting to know my new family here at Christ Church."

A Christ Church care team spent a wonderful afternoon with an elderly parishioner who is normally confined to a nursing home, where her days are often dull and lonely. They took her out for a lovely lunch and gave her a small gift to celebrate the season.

GENEROSITY
Shines

Moved Recently? Changed Phone Numbers?

If you'd like to update your records with us, please contact Ainslie Wall at 704-333-0378 or walla@christchurchcharlotte.org.

In the Parish

New Members

Kelly and Andrew Coleman Family
Elizabeth and Michael Baker II
Sara and David Norris Family
Barbara and Eric Quinn
Pat Pollard
Mary Rowell
Edwin Stowe, Jr.

Marriages

Mary Pell Lea and William Dewey Teden

Births

George Wiman Carter, III, son of Lauren and George Carter, II
Lindley Rhoads Cheek, daughter of Haley and John Cheek
Charlotte Clarence House, granddaughter of Bert and Anne House
Susan Peyton Milam, granddaughter of Mimi and Marks Arnold
William Gray Murray IV, son of Sally and Gray Murray
Leora Rose Pruden, granddaughter of Norfleet and Cindy Pruden
Wyatt Fleetwood Withers, son of Caroline and Chris Withers

Deaths

Bill Cauble, brother of Kathy Price
John Cauble, brother of Kathy Price
Alice Gianakos, mother of Cynthia Oates
Florence Beaumont Mitchell, mother of Kathy DuBose
Nick Nichols, father of Isabel Roberts
Lawrence Alexander Wilson, Sr., father of Larry Wilson, Jr.

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An Evening with
ANNE LAMOTT

Thursday, April 6, 7:00 PM
Ovens Auditorium

Anne joins us for conversation and Q&A.

For more information, visit
www.christchurchcharlotte.org/lamott