The Disciple

News & Events at Christ Church Charlotte











In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in Heaven.

- MATTHEW 5:16













Celebration Weekend

"That was one of the finest church fellowship events I've ever attended. It was a wonderful weekend celebrating the fullness of our life together."

- THE REVEREND CHIP EDENS

The whole parish, past and present, came together April 13 - 15 to celebrate Christ Church's 75th anniversary. The weekend was filled with love, laughter, and light as we shared food, fellowship, and memories. We owe a huge debt of gratitude to the many volunteers and staff who have been planning and working for almost a year to bring this amazing event to fruition.

Fun Facts and Highlights:

- Total attendance at all weekend activities exceeded 1,000 people of all ages
- Art auction raised \$8,100 for Christ Church outreach
- Historical timeline is now on display in the GoodNews Café
- Let Your Light Shine, a beautiful commemorative book about our history, is for sale (\$20, cash and checks only) at the GoodNews Shop. Proceeds go to Christ Church Foundation outreach initiatives.

Visit www.christchurchcharlotte.org/75years for a gallery of wonderful photos from the weekend, original 1951 film footage of the cornerstone ceremony, a list of the 75th Anniversary Leadership and Planning Team, and much more.





ADULT FORMATION

What's Next? How About Education for Ministry (EFM)

As disciples of Christ, we face the subtle and often difficult task of interpreting the richness of the Church's faith in a complex and confusing world. Theological education through EFM develops faith and also trains us to express that faith in day-to-day events. Through study, prayer, and reflection, participants move toward a new understanding of the fullness of God's kingdom.

EFM is a four-year course of Bible study and theological reflection, covering the Old Testament, New Testament, Church history and theology. Seminar groups meet weekly, September through May. We currently have openings in the Tuesday evening, Wednesday morning, and Friday morning groups.

Hear what Christ Church EFM participants say about their experiences:

"Excellent scholarship, engaging readings, models for theological reflection and a small-group commitment: the combination is just right. EFM is the gold standard for education in a congregational community. EFM is a fresh and powerful way to look at your ministry (and yes, you have one). EFM will train you to think in new ways and approach life with a new perspective." – Former EFM mentor

"The most meaningful and in-depth study I have ever done."

"I've learned to ask the hard questions and delve into scripture with the background that I've always wanted to know."

"Learning how to reflect theologically has changed the way I process information — I can now filter ideas and decisions through the lens of my faith."

"I wish I had started EFM 10 years ago!"

Want to know more about EFM? Visit www.christchurch-charlotte.org/efm or contact Jenny Beaumont at 704-714-6945 or beaumontj@christchurchcharlotte.org.

Young Adult Women's Book Study

Mondays, June 4 - August 13 4:00 - 5:15 PM, St. Francis D

Young adult women will gather weekly to read and discuss *Grateful: The Transformative Power of Giving Thanks* by Diana Butler Bass. For more information, contact Mary Gregory at 704-651-0833 or marydgregory@yahoo.com.

Childcare is available by reservation (no charge) and must be confirmed by 5:00 PM on Thursday before each class. Sign up for childcare at www.christchurchcharlotte.org/ youngadults.

Spiritual Growth and the Enneagram: An Introduction

Friday, May 18, 7:00 – 9:00 PM, M207 Saturday, May 19, 9:00 AM – 4:00 PM, M207

At its core, Enneagram work helps us become more connected with our deeper self, with our true heart, with our awakened consciousness.

The Enneagram offers specific information about how the human psyche is put together and provides insights that can help expedite our spiritual journey and navigate difficulties with more grace, kindness, and efficiency. Led by Dr. Paul Hanneman.

Learn more and register (\$75) at www.christchurchcharlotte.org/enneagram. Questions? Contact Jenny Beaumont at 704-714-6945 or beaumontj@christchurchcharlotte.org.

A Short Course in Christian Living

Communication Skills
Training (CST) at Christ
Church has been called
transformational, life
changing and amazing,
although, the description of
"a short course in Christian
living" might be the most
accurate.



This course gives participants the opportunity to learn more about themselves and others in order to bring more understanding and love into their relationships.

Developed by the international company Barry-Wehmiller, this free class is offered through the generosity of their CEO, Bob Chapman. Classes meet Tuesday, Wednesday and Thursday, 8:30 AM - 3:30 PM, and Thursday evening, 6:30 - 8:30 PM.

Course topics include interpersonal skills that can be used at home and at work, DISC communication styles profile, reflective listening skills, and effective confrontation. The course includes pre-work, course time and follow-through materials. The total investment of time for participants is 28 hours of continuing education.

Upcoming CST dates:

May 8 - 10, June 26 - 28, July 10 - 12, July 24 - 26, August 7 - 9, October 9 - 11, November 13 - 15

Spaces are still available in the above classes. Learn more and register at www.christchurchcharlotte.org/cst, or contact Jenny Beaumont at beaumontj@christchurchcharlotte.org.

Sundays in May

10:00 AM, All Saints' Hall

FAITH FORUM: **Atif Chaudhry**



CLERGY CLASS:

13

The Reverend Joshua Case



The Beloved Community, Part III Imam Atif Chaudhry grew up in New Jersey, where he completed his memorization of the Holy Qur'an at an early age. As a young adult, Atif traveled to Pakistan and studied in the Islamic Seminary of Darul Uloom Muhammadiya Ghausia for two years, and then studied Shari'ah sciences as well as law in

the International Islamic University of Islamabad for five years. Since March 2014, Imam Atif has been the Imam of the Islamic Society of Greater Charlotte.



Daring to Faith-It: 'Sticky' Faith for Time-Crunched People

Do you struggle to fit spiritual practices into your schedule? Do you feel like prayer, community service, and spiritual growth only get the leftover time in your home? Join The Reverend Joshua Case in an intergenerational clergy class focused on curating faith that sticks - especially

for those always on the go. Come prepared to try on a few faith practices with parishioners of all ages.

Last day of Sunday School for all ages.



MEMORIAL DAY WEEKEND

8:30 AM Holy Eucharist in the Church Morning Prayer in the Church 10:30 AM 5:00 PM Holy Eucharist in the Church

SUMMER SUNDAYS BEGIN

During the summer months we relax the worship 3 schedule and offer time for fellowship each Sunday (see page 5). Nursery care is available for all services except 5:00 PM. See page 13 for details about The Joy of Singing. Visit www.christchurchcharlotte.org/ calendar for a complete listing of all summer events.

Living in the Word

Sundays, May 6 and 13, 10:00 AM, Blue Room

AND IN THE A Join Christ Church clergy and lay NOW LIVING ALA

leaders for Bible study on the Sunday scripture passages. After a short lecture we will

spend time in small groups exploring how the living word of God can instruct, lead, and open our hearts.

For more information, contact The Reverend Matt Holcombe at holcombem@christchurchcharlotte.org.

Youth and Adult Confirmation with **Bishop Anne Hodges-Copple**

Sunday, June 3

Holy Eucharist and Adult Confirmation 8:30 AM. The Church

Holy Eucharist and Youth Confirmation 10:30 AM, All Saints' Hall



SUMMER SUNDAYS

	JUNE	JULY	AUGUST
FIRST SUNDAY	8:30 AM Holy Eucharist and Adult Confirmation in the Church	8:30 AM Holy Eucharist in the Church	8:30 AM Holy Eucharist in the Church
Lemonade On The Lawn	9:45 AM Joy of Singing (Traditional) Choir Room	9:45 AM Joy of Singing (Traditional) Choir Room	9:45 AM Joy of Singing (Traditional) Choir Room
on the Lawn	10:30 AM Holy Eucharist and Youth Confirmation in All Saints' Hall Children's Chapel	10:30 AM Holy Eucharist in the Church Children's Chapel	10:30 AM Holy Eucharist in the Church Children's Chapel
	5:00 PM Holy Eucharist in the Church	5:00 PM Holy Eucharist in the Church	5:00 PM Holy Eucharist in the Church
SECOND	8:30 AM Holy Eucharist in the Church	8:30 AM Holy Eucharist in the Church	8:30 AM Holy Eucharist in the Church
SUNDAY Hot Dog Sunday	9:45 AM Joy of Singing (Contemporary) All Saints' Hall	9:45 AM Joy of Singing (Contemporary) All Saints' Hall	9:45 AM Joy of Singing (Contemporary) All Saints' Hall
	10:30 AM Morning Prayer in the Church Contemporary Eucharist in All Saint's Hall Children's Chapel	10:30 AM Morning Prayer in the Church Contemporary Eucharist in All Saint's Hall Children's Chapel	10:30 AM Morning Prayer in the Church Contemporary Eucharist in All Saint's Hall Children's Chapel
	5:00 PM Holy Eucharist in the Church	5:00 PM Holy Eucharist in the Church	5:00 PM Holy Eucharist in the Church
THIRD SUNDAY	8:30 AM Holy Eucharist in the Church	8:30 AM Holy Eucharist in the Church	8:30 AM Holy Eucharist in the Church
Lemonade	10:30 AM Holy Eucharist in the Church Children's Chapel	Holy Eucharist in the Church Children's Chapel	10:30 AM Holy Eucharist in the Church Children's Chapel
On The Lawn	4:00 PM Joy of Singing (Contemplative) The Chapel	4:00 PM Joy of Singing (Contemplative) The Chapel	4:00 PM Joy of Singing (Contemplative) The Chapel
	5:00 PM Holy Eucharist in the Church	5:00 PM Holy Eucharist in the Church	5:00 PM Holy Eucharist in the Church
FOURTH	8:30 AM Holy Eucharist in the Church	8:30 AM Holy Eucharist in the Church	8:30 AM Holy Eucharist in the Church
SUNDAY Hot Dog	9:45 AM Joy of Singing (Children's Music) All Saints' Hall	9:45 AM Joy of Singing (Children's Music) All Saints' Hall	9:45 AM Joy of Singing (Children's Music) All Saints' Hall
Sunday	10:30 AM Morning Prayer in the Church Discovery Eucharist in All Saint's Hall	10:30 AM Morning Prayer in the Church Discovery Eucharist in All Saint's Hall	10:30 AM Morning Prayer in the Church Discovery Eucharist in All Saint's Hall
	5:00 PM Holy Eucharist in the Church	5:00 PM Holy Eucharist in the Church	5:00 PM Holy Eucharist in the Church
FIFTH		8:30 AM Holy Eucharist in the Church	
SUNDAY Lemonade		10:30 AM Holy Eucharist in the Church Children's Chapel	
On The Lawn		5:00 PM Holy Eucharist in the Church	5

CHILDREN, YOUTH AND FAMILY MINISTRY

Last Day of Sunday School: May 13

Navigators End-of-Year Picnic

Saturday, May 19, 3:00 PM, Christ Church Lawn

We have had so much fun with the Navigators this year! From flag football and corn mazes to serving our neighbors at A Child's Place and Baby Bundles, we have created memories and enjoyed getting to know these "tweens" in our parish this year. All fourth and fifth graders are invited for our final gathering of the



year. We will enjoy snacks and fun activities on the lawn as we prepare for our fifth graders to jump into Middle School Episcopal Youth Community (EYC) next year. Register at www.christchurchcharlotte.org/navigators. Contact Sarah Carr at carrs@christchurchcharlotte.org with questions.

Spring Family Outreach Project

Packing Snack Bags for A Child's Place Sunday, May 6, 10:00 AM

During children's Sunday School on May 6, our Kindergarten - 5th grade classes will pack 250 snack bags for A Child's Place. A Child's Place works to erase the impact of homelessness on children and their education. We hope all children will come to Sunday School on May 6 to help us meet, or maybe even surpass, our goal! Contact Lindsay Masi at masiL@christchurchcharlotte.org with questions.

Sunday School Leaders Needed

For Children and Youth

Scripture reminds us how important children are. As adults, we are called to raise them up to know and love Jesus. Every year at Christ Church we need more than 150 adult volunteers to help us do just that.

From Sunday School for children ages two through 12th grade, to Middle School EYC (Episcopal Youth Community) and High School Life Groups, we strive to instill a loving heart, a thoughtful mind, and the light of Christ in every young person. And we need you!

We are looking for adults who feel called to be friends and mentors to our next generation of parishioners. We will provide you with curriculum and materials; all you have to do is pray and show up! This is one of the most generous offerings you could give, and we would love to have you. If you have questions or want to know more, please contact Lindsay Masi at masiL@christchurchcharlotte.org.

Vacation Bible School

Time is running out to register for this summer's Roarin' River Rampage VBS! Here are the details:



- June 18 21, 9:00 AM Noon, daily
- Rising four-year-olds (by August 31) to rising fifth graders, teen helpers, and adult volunteers

Visit www.christchurchcharlotte.org/vbs to register. Registration closes on May 15! Contact Lindsay Masi at masiL@christchurchcharlotte.org with questions.

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Summer Opportunities for All Ages

Spring and summer are quickly approaching and the Youth Ministry team wants you know of several wonderful opportunities for children, youth and families. Be sure to mark your calendar for these:

For Children

June 18 - 22 Vacation Bible School August 13 - 17 Choir Camp

For Youth

lunteer
n 1 volunteer
n 2 volunteer
n 3 volunteer

For Families

May 20 Spring Parish Day July (date TBD) Christ Church in the Park (Sunday morning

Eucharist at Freedom Park)

If you have any questions, contact Betsy Parkhurst at parkhurstb@christchurchcharlotte.org. We hope you will find a way for your family to stay involved through the summer months.



Faith Talks: The Daring Way

Wednesday, May 16, 6:00 - 7:30 PM, All Saints' Hall

Our final Faith Talks of the year will be led by The Reverend Matt Holcombe. All families are invited to enjoy this dinner designed to engage you and your youth in conversations to equip and empower you on your faith journey.

Register at www.christchurchcharlotte.org/faithtalks.

CHILDREN, YOUTH AND FAMILY MINISTRY

Youth Sunday

Youth Sunday was a wonderful opportunity to hear our youth share their faith. It takes a lot of courage to be willing to speak in front of so many people! Sarah Rogers and Liza Lunsford blended their messages in such an eloquent and beautiful manner in the Church at 8:45 AM, as Thomas Fetter and Amanda Pinckney shared their faith journeys in All Saints' Hall. Owen Hunter spoke at the 11:15 AM Church service, while Jocelyn Riopel shared the parable of the seeds in the Discovery Service. It was a joy to see these young people, whom we have watched grow up over the years, step up, share their faith, and serve. We are very proud of you!



L to R (Back row): Sam Dean, Jeb Lloyd, Massie Flippin, Mason Wood. (Front row): Weezie Targgart, Liza Lunsford, Sarah Rogers



L to R: Julia Hawkins, Thomas Fetter, Amanda Pinckney, Ella Glasgow, Cece Cobb



L to R (Back row): Boyce Young, Owen Hunter, Will Smith, Parks Hunter. (Front row): Jocelyn Riopel, Macy Riopel, Araminta Cheek.

Youth Confirmation

Sunday, June 3, 10:30 AM, in All Saints' Hall

Worship with us on Confirmation Sunday, as our 8th graders are confirmed during the Holy Eucharist. We hope many parishoners will come to this service to support and celebrate this group of young people as they officially become members of the Church.

Youth Pilgrimage to Spain

June 18 - 26, please pray for our youth pilgrims as they travel to Spain to explore, grow and deepen their relationship with God and the world:

Stuart Mays **Thomas Cashion** Margaret Moseley Cece Cobb Georgia Ranson Kiley Copps Virginia Shea Jane Durden Will Simerville Ella Glasgow Drew Smith Bowen Gordon Thomas Stanley **Bailey Harris** Louise Thomas **Emily Jenkins** Caroline Ullrich Lindsay Jones **Eleanor Williams** Patrick Joyner Kate Wolcott Andrew Lewis Mason Wood Jeb Lloyd Noah Zeck Jack Malone

The youth will be accompanied by these adult pilgrims:

Joshua Case Chris Weiss
Mark Riopel Anne Schmitt
Jeff Weiss

Prayer for our Pilgrims

God of all the pilgrimages of life, You have given us a desire to take the questing way and set out on our journey to Santiago. Help us to keep our eyes fixed on You, that through whatever we encounter as we travel, we may discover You along the way. Amen.

Creating a Balanced Life

Monday, May 14, 5:30 - 7:00 PM, Green Room

Bea Moise, M.S., from Southeast Psych helps families integrate routines, schedules, and rules with effective parenting techniques and teaching strategies. We will learn how to create a balanced life in the



midst of chaos and confusion. All are welcome. Advance registration required for childcare. Register at www.christ-churchcharlotte.org/epec.

CHILDREN, YOUTH AND FAMILY MINISTRY

Costa Rica Mission Trip

July 21 - 29

Come to Costa Rica! We are now accepting applications for our summer parent, youth, and young adult work pilgrimage to Costa Rica, led by Josiah Daniels. Youth (rising 10th grade and up), their parents, and young adults are encouraged to take part. Missioners will enjoy a week of enriching work and empowering spiritual development. At the end of the week, we will celebrate our hard work and growth in the city of Manuel Antonio. Watching the sunset from the breathtaking Costa Rican beach is something you do not want to miss!

The cost of this trip is approximately \$2,000 and includes airfare, accommodations, all transportation, and most meals. Scholarships are available to young adults which reduces the cost by nearly half. For more information and to apply, visit www.christchurchcharlotte.org/costarica. Questions? Contact Josiah Daniels at danielsj@christchurchcharlotte.org or 704-714-6943, or Laura Konitzer at konitzerL@christchurchcharlotte.org. *Pura vida!*

Glory Ridge

August 5 - 11, Madison County, NC

Glory Ridge is a mission camp in Madison County, NC where groups come for a week to serve the local community by doing repairs on homes and being present with the people they are serving. This wonderfully fun mission experience is a great chance to bond and serve together. Plus, on Friday night, we go to The Depot in Marshall for



some good old mountain bluegrass.

Glory Ridge is a perfect opportunity for the Mr. or Mrs. Fix-It of your house to come as a volunteer and help guide the youth on the job sites alongside the Glory Ridge summer staff. This could be a great week to serve as a family. For more information, contact Betsy Parkhurst at 704-714-6972 or parkhurstb@christchurchcharlotte.org.

GENEROSITY



Thank *you* for making our 2018 Annual Stewardship Campaign a success.

Your generosity lives through...

- seasons of worship that are contemplated, renewed, and celebrated each year within the walls of Christ Church.
- the parishioners who share journeys through a difficult medical diagnosis and wrap one another in friendship and prayer.
- the single mother who transitions from homelessness to home ownership.

Your generosity enables our Christ Church community to love God, care for each other, and serve the world.

Asked & Answered

What is a pledge and how is it different from a gift?

A pledge is an expression of faith and a personal response to God's generosity. A financial pledge is the commitment or promise to give a specific amount of money to the Church in a given year. Your pledged gifts account for over 95% of our parish's budget.

Making a pledge and fulfilling a pledge are two separate things. A pledge is made by completing a pledge form each fall during the Annual Stewardship Campaign. Fulfilling a pledge is accomplished by making the promised payment or payments over the following 12-month period. Pledges may be fulfilled with checks, credit card payments, or through gifts of securities.

Financial gifts that are not tied to a pledge may also be made to Christ Church. Such gifts may be given in response to God's generosity for a blessing or special life event.

Do you have a stewardship question? Contact Sarah Eyssen at eyssens@christchurchcharlottle.org.

PARISH LIFE AND NEWCOMERS

Spring Parish Day Is Sunday, May 20

Join us as we worship together as one congregation at a Festival Eucharist at 10:00 AM in All Saints' Hall, with all of our choirs and instrumentalists offering a wide array of music.

Following the service, we will gather on the lawn to enjoy food, entertainment, and fun activities, including corn hole, horseshoes, a cake walk, face painting, a balloon artist and bounce houses. We will enjoy fabulous fried chicken from Chef Mary, along with lots of other delicious sides. King of Pops will have popsicles for sale. Dress for comfort and bring your picnic blanket.

Want to help or provide treats for the cake walk? Contact Kathryn Saunders at saundersk@christchurchcharlotte.or or 704-714-6974.

Vespers in the Garden

Thursday, May 10, 6:30 - 8:30 PM

Vespers in the Garden is our annual spring tradition welcoming newcomers to Christ Church. The Hospitality Committee hosts this casual outdoor event that begins with dinner and is followed by a lovely candlelight Vespers service, accompanied by the Christ Church Choir.

We invite all newcomers to join the Clergy and Vestry for this special occasion in the beautiful backyard of Alex and Patty Funderburg. Invitations are mailed to all newcomers. We hope you can join us for this welcoming event!

If you are a newcomer and do not receive your invitation, or if you have questions, please contact Kathryn Saunders, Director of Newcomers and Parish Life, at saundersk@ christchurchcharlotte.org or 704-714-6974.

Easter Eggs Galore!

Many excited children attended Easter services to hear the amazing story of the risen Christ. After the 11:15 AM services, toddlers to eight-year-olds headed out with baskets in hand to hunt for eggs. It was a glorious day to celebrate a glorious occasion. A special thank you to Eleanor Fairey who, along with many volunteers and candy donations, made this a fabulous event!











MISSION & OUTREACH



Gearing Up for Freedom School

"I know I can be what I want to be!"

Are you ready to hear this enthusiastic chant from our Rama Road Freedom School Scholars? Summer is right around the corner and Freedom School planning is underway. Freedom School runs June 18 – July 26 at Rama Road Elementary School. These three two-week



sessions are focused on reading skills, character enrichment, and community involvement. Freedom School could not happen without volunteer involvement, and we need you! Here are some ways you can serve:

Pick a Paw Print | Take a raccoon paw print from the walls of All Saints' Hall or the Church and purchase the needed supply items printed on the paw. Items can be dropped off in the bin outside the Blue Room until June 4.

Read At Harambee | Every Freedom School day begins with Harambee ("let's pull together" in Swahili), which is a time of singing, dancing and stories. Come read a story and have your heart leaping for joy during this 45-minute session (8:15 - 9:00 AM). For information and to sign up, contact Laura Konitzer at konitzerl@christchurchcharlotte.org.

Teach an On-Site Activity | Let your creative juices flow! Do you have a special talent or interest that can be shared in a fun and interactive way with scholars? From 1:00 - 2:45 PM each day, on-site activities, like yoga, art, cooking, sewing, or nature walks are scheduled. For more information and to sign up, contact Josiah Daniels at danielsj@ christchurchcharlotte.org.

Chaperone a Field Trip | Spend an afternoon with staff and scholars on trips to local museums, parks, bowling alleys, skating rinks, and more. Trips are typically 1:00 - 2:45 PM and you must be a rising 10th grader or older to volunteer. For information and to sign up, contact Laura Konitzer at konitzerl@christchurchcharlotte.org.

Hospitality for Interns | Help us show our gratitude to the dedicated college students and site coordinators who work most closely with our scholars. Provide small treats, gift cards, or other tokens of appreciation for our site's staff members. For more information and to sign up, contact Laura Konitzer at kontizerl@christchurchcharlotte.org.

Shop for Supplies | Shoppers are given supply lists and are asked to purchase required materials for a week (reimbursements available). These are items like paper, glue, and craft supplies. For more information and to sign up, contact Josiah Daniels at danielsj@christchurchcharlotte.org.

General Support and Special Events | Help our interns with classroom set-up, the Jubilee event, and end-of-season pack-up. Your helping hands will be greatly appreciated. High school youth are welcome; middle school youth must be accompanied by an adult. For more information and to sign up, contact Laura Konitzer at konitzerl@christ-churchcharlotte.org.

Teen Board | The Christ Church Freedom School Teen Board is accepting applications for the 2018 summer program. Fifteen teens (rising 11th grade through college freshmen) will be chosen from Christ Church and the larger community to work with first- through fifth-graders at Rama Road Elementary School to boost their literacy skills and enrich their cultural experiences. For more information or to apply, contact Lindsay Masi at masil@christchurchcharlotte.org.

Men's Shelter Summer Dinners

April 12, May 17, June 21, and July 19

During summer renovations at the Men's Shelter, Christ Church will cook, deliver, and serve a meal to Men's Shelter residents once a month. We need volunteers who can pick up dinners at Christ Church, and deliver and serve them at the Men's Shelter Statesville Avenue campus. We will do this in addition to our regular dinner serving dates. This is a great opportunity for the whole family to serve.

For more information or to sign up, visit www.christ-churchcharlotte.org/shelter. Questions? Contact Maggie Shamblin at maggieshamblin@hotmail.com.

Easter Generosity

Easter offerings from our seven services totaled \$10,000. We will send gifts of \$5,000 each to the Episcopal Farmworkers Ministry and Gracious Hands. These gifts will be used to help bring hope and new life to many. Thank you to all who gave so generously.

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Costa Rica Mission Trip

Spaces are still available for our Youth and Young Adult Mission trip to Costa Rica. See details on page 7 or visit christchurchcharlotte.org/costarica. Questions? Contact Josiah Daniels at danielsj@christchurchcharlotte.org.

CONGREGATIONAL CARE

Dementia Caregivers Support Gatherings

Wednesdays, May 9, June 13, August 8, September 12, October 10, and November 14 10:00 AM. M205

If you are living with someone who has dementia, come join us on the second Wednesday of each month. We will share resources, concerns, advice and understanding.

For more information, contact Lisa Saunders at saundersL@christchurchcharlotte.org.

Christ Church Kindergarten & Preschool

A few spaces are still available in the five-day four-year-old class for the 2018 – 2019 school year.

To learn more or to schedule a tour, contact Kelly Coley, Head of School, at coleyk@christchurchcharlotte.org.



WOMEN AGES 65 AND UP ARE INVITED ...

Sages Tea

Ken Garfield, author of *Let Your Light Shine*, will join us to discuss the writing of the Christ Church 75th Anniversary book.

Wear your hat! Tuesday, May 22 2:00 - 4:00 PM, Blue Room

Hosted by Christ Church Women's Ministry RSVP to Lynne McAdams at ecw@christchurchcharlotte.org or 704-905-6550



Noted Care The Opioid Crisis 101

In the 1990s, doctors began prescribing pain medications, or opioids, like hydrocodone and oxycodone. These drugs are excellent pain relievers but can be very addictive.

Pharmaceutical companies marketed these drugs as safe and effective for treating pain, yet for some patients, it sent them on a path to self-destructive addiction. (Some drug companies have paid more than \$600 million in fines for misleading marketing claims about opioids.)

For decades, doctors prescribed far more pills than were needed. For instance, someone recovering from wisdom teeth extraction or knee surgery might receive 30 opioid pills for pain relief.

When a person begins using opioids regularly, the chemistry in the brain changes and the brain can stop producing dopamine – your body's natural chemical neurotransmitter that makes you feel happy, upbeat, positive. So if a person stops taking prescription medications, or an addict tries to

stop using, they feel depressed, flat, lifeless. The person needs more drugs, not just to feel good, but to stop feeling bad.

More and more Americans became addicted to prescription pain medication, and when doctors cut them off from prescriptions, they found that illicit street drugs like heroin and the synthetic drug, fentanyl, were comparable opioid alternatives, as well as more potent, more accessible and much cheaper. The number of Americans addicted to opioids skyrocketed, and the number of Americans dying of drug overdose did too. Each day, 90 people die of opioid overdose in the U.S. Most overdose deaths are white males between the ages of 25 and 34.

In North Carolina, more people die today from overdoses than car accidents. In 2016, the number of opioid pills prescribed in Mecklenburg County amounted to 225 pills per person, and 1,400 people overdosed. By contrast, in 1999, 200 people overdosed. Among Mecklenburg high school students, 20% report experimenting with prescription drugs, and 62% say they get the drugs from a friend or family member.

Now doctors are limited by law to the number of opioid pills they can prescribe at a time – only a five day supply.

What can YOU do?

While opioids are life savers for some people who deal with severe pain, BE AWARE of the risk whenever opioids are prescribed.

DISPOSE OF ALL UNUSED PILLS. Do not keep extra pills around the house, thinking you might need them later. Don't forget about your elderly parents' medicine cabinets too. Teens, workers inside your home, house guests are known to look for and find unused opioids in medicine cabinets. Grandma can turn out to be an unwitting drug supplier.

Walgreens on Morrison Boulevard has a safe pill disposal site. **DO NOT FLUSH THE PILLS DOWN THE TOILET OR PUT IN THE TRASH.** This can contaminate our water system. Pills in the trash can be found and sold. Prescription drugs are also the number one cause of pet poisoning.

NarCan, or naloxone nasal spray, is a drug that can block the effects of an overdose. NarCan should be accessible in public places. Many police officers now carry it. NarCan can be purchased over the counter. We have it available at Christ Church in the case of emergency, as we do defibrillators.

Recognize that this is a health issue and not a criminal issue.

WORSHIP & MUSIC

Choral Evensong

Sunday, May 6, 5:00 PM, The Church

The Christ Church Choir will offer Evensong followed by a said Eucharist on Sunday, May 6 at 5:00 PM. In keeping with the contemplative tradition of the service, the choir will sing canticles by Herbert Howells and the beloved anthem, *Beati quorum via*, by Charles Villiers Stanford.

Choir Camp

August 13 - 17, 9:00 AM - 4:00 PM

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Christ Church will offer a Choir Camp for current and prospective choristers. The Christ Church Chorister program is open to all rising first through eighth graders regardless of religious affiliation. This camp will offer an excellent music and liturgical education using the Royal School of Church Music curriculum.

Our choristers will train their voices, develop music reading and interpretation skills, and practice multiple language diction. They will also learn the concepts, vocabulary, and historical context of the Christian faith as they prepare to sing Evensong; and explore the story of "Joseph and the Amazing Techni-color Dreamcoat," with selected songs presented on Friday afternoon.

Choristers will work on poise and confidence for worship leadership and performance. Teamwork and team building will also be emphasized through activities such as bowling, swimming, and crafts. Participation in the Christ Church Chorister program gives youth and children a lifetime love for music and a unique connection to worship. Choir Camp is where it begins. Registration opens May 1. Questions? Contact Hannah King at kingh@christchurchcharlotte.org.

'Joy of Singing' Classes

Throughout the summer, the music staff will offer classes for all ages before worship called "The Joy of Singing." These classes will be a time to explore the music of worship for each of the services we offer: traditional and contemplative music with Ben Outen, contemporary music with Brian Sullivan and children's music with Lisa Lashley. The history and components of worship will be the framework for the music we learn and practice. There will also be opportunities to sing favorite hymns and songs, and to share your own stories of how music influences your lives. Check out the schedule below, start writing down your favorite hymns, and join us this summer for some joyful singing.

First Sundays: Traditional – 9:45 AM, Choir Room Second Sundays: Contemporary – 9:45 AM, All Saints' Hall Third Sundays: Contemplative – 4:00 PM, The Chapel Fourth Sundays: Children's Music – 9:45 AM, All Saints' Hall



CONTEMPORARY Currents

By Brian M. Sullivan, Ph.D., Contemporary Music Leader

It has been such a meaningful spring season in our contemporary worship. From our "acoustic" Lent, to a brass-filled celebration of Easter, and now into an Eastertide bursting with new songs of praise, we are looking forward to Parish Day, which also happens to be Pentecost. Expect a huge musical extravaganza with musicians and music from all corners of our ministry. Though the contemporary service will only meet once per month in the summer, our musicians will still be hard at work. Over the past year we have introduced many of our own original settings of liturgical music, new spiritual songs, reimagined hymns, and reinterpreted Psalm settings into the Contemporary Service. The summer is our time to continue this work of playful worship and growth through creativity. Let me know if you want to be involved; there is room for everyone!

Recently I had the chance to lead our youth in song and discussion. We began with the *Phos Hilaron*, considered our oldest liturgical text. We then sang a song by The Brilliance called *O Gracious Light*, their interpretation of this ancient text. The Brilliance is one of my favorite modern liturgical artists, who reinterpret ancient and new texts through a beautiful chamber-folk aesthetic. They are among a growing number of artists in the world engaged in this creative and interpretive work. Unfortunately they are often overlooked by Christian media, but we are lucky to live in a time with such unbridled access to information.

If you are interested in new liturgical music, I encourage you to check out our website, www.christchurchcharotte. org/contemporary. There you will find a link to a Spotify playlist featuring The Brilliance, Wendell Kimbrough, The Porter's Gate Worship Project, Josh Garrels, and a number of other wonderful artists. I hope their work will bless you as much as it has blessed me.



Using the Heritage Edition to Lower the Veil at Christ Church Charlotte

When artistry amplifies scripture, thin spaces bring communities closer to the great design.

Christ Church was privileged to host one volume of The Saint John's Bible (Heritage Edition) on our campus for six months, ending April 2. Our own Genie Hufham and The Reverend Matt Holcombe were featured in a wonderful article published on The Saint John's Bible website blog. We couldn't have said it better ourselves, so we're sharing a portion of it with you here (by permission).

The Heritage Edition offers the opportunity to spread the artistry and message of *The Saint John's Bible*. For Christ Church Charlotte, it also deepens a community's connection with its own spiritual imagination.

On April 2, Christ Church finished their extended six-



month partnership as hosts of the Heritage Edition. "The driving reason for bringing The Saint John's Bible to Charlotte was to have people experience the Bible in a way they normally wouldn't have the opportunity to," said Rev. Matt Holcombe, who is responsible for the church's adult formation and spiritual growth initiatives.

Where the Heritage Edition Fits in the "Sacred Geometry" of Interfaith Outreach

For Christ Church Charlotte, The Saint John's Bible would become an essential part of the church's programming. To make a place among the church's numerous Bible-focused initiatives (which range from verse-a-day programs to reading the entire Bible cover to cover), the church needed a team.



"We pulled together five ambassadors," he said. "They have been the hands and the feet of *The Saint John's Bible* while it's been at Christ Church."

The group's senior ambassador, Genie Hufham, was tasked with coordinating viewings and events within the Charlotte community. "That's all it took," said Hufham. "I had this bee in my bonnet, that I felt like other Episcopal churches ought to see it, and also contacted our four largest retirement communities."

Her outreach resulted in bookings from fellow churches, school groups, Bible study groups and more.

Find the entire article here: https://blog.saintjohnsbible.org/posts/2018/04/the-saint-johns-bible-heritageedition-christ-church-charlotte-north-carolina/

GOODNEWS SHOP

Mother's Day at GoodNews

Mother's Day is around the corner and we'd love to help you find the perfect gift for the wonderful moms in your life!

We carry fun and colorful handbags and jewelry from Roberta Roller Rabbit and Shiraleah, plus a wonderful selection of women's accessories that will be perfect with her spring and summer wardrobe. Come by and let us help find a gift that both you and your mother will love!





Spring Cookout



Save the Date!

Sunday, June 24 6:00 - 8:00 PM At the Home of **Cathleen and Thomas Hipp**

Find details and RSVP at www.christchurchcharlotte.org/ youngadults



In the Parish

New Members

Scott Benner John Boisture Amy and Rob Crofoot and Family Auguste Farley and Family Laurie Howell Mary and Jim Jordan Tim Kelly Pete Landry Caroline Reed Hewit and Brendan Rome Marika and Hunter Rome Ben Sloop Liz and Eric Smith Rich Warfield

Births

James Evans "Jim" McConkey, son of Sarah and Brant McConkey John Buchanan Tomlinson III, son of Blair and Buch Tomlinson Austin Caroline Arnett, daughter of Owen and Adam Arnett

Baptisms

Joshua Theron Miller

Julie Marie Wright, daughter of Lisa and Erik Wright Ethan Benjamin Sloop, son of Shannon and Ben Sloop Emerson Louisa Fortune, daughter of Jackie and Fletcher Fortune John Howell Gallagher, son of Alison and Ric Gallagher Emmie Grace Garella, daughter of Christie and Kiel Garella George Benjamin Stovall, son of Gillian and Nathan Stovall Grady Monroe Whiteside, son of Neely and Brooks Whiteside Richard Wells Turner, son of Ginny and Rett Turner Boden David Hiltz, son of Stephanie and Peter Hiltz

Deaths

Scott Salzer

Jo Stuhr, grandmother of Matt Kain Barbara Boylan, mother of Katharine Fuchs Eliza Pollard Mark, mother of Eleanor McCurdy Frank Barragan, Jr, father of Ruthie Clark Jon Wayne Green, father of Ginger Seabrook Ann Sample Griffin, mother of Scott Griffin George Mercer Brooke III, brother of Marion Carson Joan Broadbridge Hitchens Edna Faye Pugh Cobb **Burton Sparling Davis III**

The Disciple (USPS#679-610) Published monthly by Christ Episcopal Church

POSTMASTER: Send address changes to

Christ Episcopal Church 1412 Providence Road Charlotte, NC 28207-2543



Office Hours: Monday - Friday 8:30 AM - 4:30 PM

Phone: 704-333-0378

Periodical Class Postage
P A I D
at Charlotte NC
USPS No. 679-610

