INVITATION TO SPIRITUAL PRACTICES

Where Do You Want To Go?

“Put these things into practice, devote yourself to them, so that all may see your progress.”

– 1 TIMOTHY 4:15

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2 What is Your Vision for Christ Church?
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What is Your Vision for Christ Church?
Come dream with us.

By Arrington and Burch Mixon

In the Church, the work of dreaming is what we call discernment. This process of “holy listening” is a spiritual practice in which the Church has been engaged since Jesus first called his disciples into mission. In discernment, we listen to God and to one another as we ask, “What is God calling us to do?” and “What are the best ways to build on the work we are already doing?” We also ask, “What new things and new directions are we being called to consider in order to fulfill God’s call for this moment in time?”

Holy Listening

This is a discernment process. A practice of “holy listening” that begins and ends with prayer. As our discernment comes to its fruition, we then develop and plan, and pray that God will inspire our congregation as we begin a new chapter — in faith and courage.

Next Steps in the Process

The Vestry and our Rector, Chip, have honored us by asking that we lead the next discernment process for our beloved Christ Church. We have formed a Steering Committee of decedent parishioners (see right) that has been tasked with leading our discovery process. Their charge is simple: to be courageous, to dream boldly, and to stay true to our mission, vision, and the spiritual practices that will allow us to remain a growing and thriving Church community.

We have started our process by appreciating our strengths — of which there are many — and then asking, “What more can we do with them?” Clergy, staff, Vestry and selected commission members have participated in these early conversations.

Groups Formed

Three working groups have been formed, consisting of over 30 parishioners and co-led by members of the Steering Committee. These working groups are organized around the three components of the Christ Church mission: Love God, Care for Each Other, and Serve the World. These parishioners will examine who we are, what we do well, and how we can align our strengths with the needs of our community and the desires of our parishioners.

Our research will include an inside and an outside view. By now, we trust you have heard about the Faith and Courage Initiative, our multi-year focus on six big priorities that help us live into our mission, vision, and the spiritual practices that will allow us to remain a growing and thriving Church community.

Lent is a wonderful time start a new spiritual practice that might lead you onto an undiscovered path. On Lenten Sundays at 10:00 AM, you are invited to choose from a variety of experiences exploring one or more of the six Faith and Courage practices. Look for these icons (right) to indicate which practice(s) are the focus of each particular session.

SUNDAY, MARCH 1

ALL SAINTS’ HALL

Art and the Passion

Story of Christ

Roger Hutchison, artist and author, uses art to reflect on the stations of the cross, bringing color and fresh insight to the pages of scripture.

M207

The Living Compass

Join us for an interactive workshop on how to live with all our heart, soul, mind, and strength. Participants will leave with an increased understanding of holistic wellness and a Faith step they can take to grow their personal wellness. Led by Molly Reitz, Christ Church Wellness Director.

M206

Prayers for Inmates

When Anthony Ray Hinton was with us, he challenged our community to get proximate to those living in the prison system in NC and to pray for those on death row by name. Join members of the Outreach Commission for an hour of quiet prayer, as we name each person living on death row. Names, addresses and supplies will be on hand for those who want to write letters to inmates.

GOODNEWS CAFÉ

Coffee, Conversations, and Connections

Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic: Live in Community

SUNDAY, MARCH 8

ALL SAINTS’ HALL

Antisemitism: Then and Now

Rabbi Judy Schindler will address the challenge of hatred aimed at Jews today, from college campuses to the streets of Paris, to Charlottesville, to the tragedies of Pittsburgh, Poway, Jersey City and Monsey. We will explore the sources and systems of antisemitism from religious texts to Nazi ideology to White Nationalism today.

M207

Parenting an Anxious Child

Join Wellness Director Molly Reitz for an interactive hour on skills and techniques that can help you help your child. Learn strategies for responding to fear and anxiety in the moment, and for increasing your child’s confidence and self esteem, then practice new skills in this interactive workshop.

M206

Prayers for Inmates

Join us as we name each person living on death row. Names, addresses and supplies will be on hand for those who want to write letters to inmates.

GOODNEWS CAFÉ

Coffee, Conversations, and Connections

Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic: Discover and Learn
SUNDAY, MARCH 15

ALL SAINTS’ HALL

What is the Heart of Being an Episcopalian?
Bishop Andrew Doyle of the Diocese of Texas will join us for a Faith Forum conversation about what is unique, common, biblical, and misional about being an Episcopalian.

SUNDAY, MARCH 22

ALL SAINTS’ HALL

Putting your Faith into Practice with a Hive Mindset
Troy Bronsink, Founder and Director of the Hive Cincinnati, will lead us in an experience that will demonstrate the importance and power of intentional group spiritual practices.

SUNDAY, MARCH 29

ALL SAINTS’ HALL

Considering Matthew Shepherd
Kenney Potter, Conductor and Artistic Director of the Charlotte Master Chorale, will speak with The Reverend Joan Kilian about the upcoming performance of “Considering Matthew Shepherd,” a musical response to anti-gay hate crime, at Christ Church in May.

GOODNEWS CAFÉ

M207

Instructed Eucharist
Ever wonder why do we do what we do at communion? What is biblical? What is behind the traditions? What do we believe “happens” at the table? Deepen your experience of the Eucharist with this offering.

M206

Vitro Divina: Photography and Spiritual Reflection
This spiritual practice invites you to learn to pray with the eyes of your heart.

GOODNEWS CAFÉ

M213

Yoga Eucharist
Experience a celebration of the Eucharist while practicing simple yoga positions that mirror the words and actions of communion, led by The Reverend Lisa Saunders and parishioner Joyce Crew, Yoga Instructor.

GOODNEWS CAFÉ

WORSHIP AND MUSIC

Worship During Lent
Throughout the season of Lent, we invite you to worship with us.

Ash Wednesday, February 26
Holy Eucharist and Imposition of Ashes
7:00 AM, 12 Noon, 7:30 PM in the Church

Ashes to Go
8:15 - 9:30 AM in the Church Circle
On Ash Wednesday, our clergy will be available in the Circle for prayer and the imposition of ashes. If you can’t attend an Ash Wednesday Eucharist, please stop by on your way to work or school.

Every Week
Sundays, 7:00, 8:45, 11:15 AM, and 5:00 PM
Tuesdays, 6:00 PM - Holy Eucharist in the Chapel
Wednesdays, Noon - Holy Eucharist with Healing Prayer in the Chapel
Thursdays, 7:00 AM - Holy Eucharist in the Chapel
(followed by breakfast and Bible study)

Evensong Series Continues
Sunday, March 1, 3:30 PM, The Church
In the beautiful acoustics of Christ Church, beauty and inspiration resonate as our Evensong Series continues. This mid-afternoon service offers scripture lessons, prayers, and exceptional choral music for meditation and reflection. The tradition of singing Evening Prayer has stood the test of time, offering an easy entrance into a conversation with God.

Upcoming Concerts at Christ Church
L’Académie du Roi Soleil, Sunday, March 8, 3:00 PM
Nicolas and Margaret Haigh return to Christ Church with their ensemble, L’Académie du Roi Soleil, to perform François Couperin’s Magnificat and Lécons de Ténèbres for two sopranos, gamba, and organ and selections from Le Sièur de Machy’s Pièces Volte for solo gamba, The Lécons de Ténèbres is particularly well suited for the second Sunday of Lent and will provide inspiration for meditation and reflection.

Bach Akademie Charlotte, Friday, February 21, 8:00 PM
As a community partner, Christ Church participates in offering this fantastic music to our city by providing rehearsal and performance space. Scott Allen Jarrett, Artistic Director of Bach Akademie, will also be our Faith Forum guest on Sunday, February 23 at 10:00 AM in All Saints’ Hall.

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
Practice Wellness

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
Building Diverse Relationships/ Advocate and Serve

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
Worship and Pray

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
What is behind the traditions?

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
Conversation with God.

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
Evensong Series Continues

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
Liturgy as a Language

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
Reflections on this Offering

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
Build Diverse Relationships/ Advocate and Serve

GOODNEWS CAFÉ

Coffee, Conversations, and Connections
Join us for coffee and donuts as we get to know each other through conversation and discussion related to one of our practices.

This week’s topic:
Worship and Pray
**A Navigators Lenten Sunday School Experience**

**Know Chocolate for Lent**

Sundays, March 1 – April 5, 10:00 AM

During the season of Lent, our fourth and fifth grade Navigators will participate in a five-week Bible study. We will come together as one group and examine how the process of “growing and manufacturing” chocolate can be a representation for the growth of faith and discipleship in our Christian lives during the Lenten season. We invite our Navigators to join us as we reflect on who we are and how we can grow alongside our peers outside the walls of Christ Church. Registration is not required. Contact Sarah Ford at fords@christchurchcharlotte.org with any questions.

**Kanuga Family Weekend**

March 27 – 29

Children, Youth, and Family Ministry invites you to attend our weekend at Kanuga Conference Center in Hendersonville, NC. Nikki DeVillers, Children and Family Ministry Vestry Liaison, shares her family’s experience from last year:

> Our family had a great time. Our children, ages 7, 9, and 12, loved walking everywhere we went, staying in a cabin together, exploring the Kanuga grounds, and spending time with their friends. For my husband and me, it was an opportunity to meet and get to know other parents, have a little fun, and carve out time for intentional conversation around our family values and how we live into those values. Kanuga is a perfect place for families with kids of all ages (childcare is available!) to slow down, spend time with your family, explore ways to help your family thrive, and enjoy fellowship with others.

To register, visit www.christchurchcharlotte.org/kanuga.

**Vacation Bible School**

**Middle and High School Lenten Gatherings**

Wednesday Nights, February 26 – April 1

Middle School EYC and High School Life Group will come together during Lent to experience contemplative practices using the Society of Saint John the Evangelist’s Growing a Rule of Life. The series uses this tool from monastic spirituality to help us cultivate our relationships with God, Self, Others, and Creation. This is an exciting opportunity to dig deep and dream big about ways to live into a more abundant life with Christ.

February 26, 6:00–7:30 PM, All Saints’ Hall

Ash Wednesday Family Program

March 4, 11, 18, 25 & April 1, 6:30 – 8:00 PM, Youth Room

**Youth Lenten Practices**

One More Sunday Supper!
Sunday, March 8, 6:00 – 7:30 PM, All Saints’ Hall

All middle and high school families (youth and parents) are invited to join us for our last potluck dinner and conversation of the year.

Sunday Suppers are gatherings where we sit in fellowship to talk about our faith. Remember your purpose and build a strong foundation at your spiritual home. This month’s topic will be Learning. Bring a dish to share and register at www.christchurchcharlotte.org/sundaysupper.

**Youth Sunday**

Sunday, March 8, All Services

Come support our youth as they lead our worship services on March 8. Youth interested in participating as an acolyte, usher, server, reader or preacher should email Alice DeVries at devriessa@christchurchcharlotte.org.

**Summer Opportunities for Youth**

With summer quickly approaching, it’s time to make plans for these great opportunities for youth:

**Vacation Bible School:** June 22 – 25

Registration opens in March for Teen Helpers.

**Freedom School:** June 22 – July 30

Open to rising sophomores through college freshmen. Registration required.

**Costa Rica High School Mission Trip:** July 3 – 10

We invite high school students to join in relationship building with our Costa Rican brothers and sisters. Registration required.

**HUGS (Helping Understand God through Sharing):** July 10 – 18

A unique camp for unique people, bringing together young people of diverse abilities. To be a Helper Camper, apply by April 15 to www.dionc.org/digital_faith/events/3179924.

**Episcopal Outreach Camp (EOC):** July 26 – 29

A camp for middle school students. Applications will be available after Easter.

For details and registration information for all summer youth opportunities, visit www.christchurchcharlotte.org or use this QR code.

**College and Seminary Scholarships Available**

Christ Church Foundation scholarships are designated for college and seminary studies. Applications are available in the Rotunda wall rack and at www.christchurchcharlotte.org/foundation.

Deadline for applications is April 30. Return by email to Mary Klutz at maryklutz@gmail.com or by mail to Christ Church Foundation, 1412 Providence Road, Charlotte, NC, 28207.

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**My Costa Rica Mission Experience**

By Olivia Morano

This past summer, I had the opportunity to travel to Costa Rica with the Church. It was my first experience outside of the country that was not for relaxation and vacation. As the first group from Christ Church to visit Limón and participate in the community-bonding that we did, I wasn’t sure what to expect of the trip.

I was blessed to form bonds with the Episcopal community of Limón, as well as grow in faith and form relationships with the members of the Church with whom I traveled. Seeing the faith and energy that bubbled in all of the people we met who were living in such a low income area was truly eye-opening. God was present in everyone we met and all of the places we visited on the trip. We experienced the beauty and simplicity of the Costa Rican way of life during our stay. The sweet children we spent time with constantly surprised me in their desire to learn from us and reminded me of God’s presence in my life.

I formed relationships with people and made memories that remain with me, and I hope to return to Limón someday to build on the relationships I began. I encourage anyone thinking about going to definitely go and experience the Godly community.
Habitat for Humanity

Help Us Build Our 32nd Home

We invite you to help us build a home with the Nhan Hwun family from Vietnam. No experience is necessary.*

A part of the “Books Build Houses, Too” campaign, we will collect books, DVDs, and CDs at the Church to donate to Julia’s Café at the Habitat ReStore on North Wendover Road. Look for the big blue bins in the Church office beginning February 20.

Here are the important dates for our build this year:

**Habitat Kick-Off Dinner**
February 18, 6:00 – 7:30 PM, Blue Room
All are welcome. RSVP to Lesley Peace at peaceL@christchurchcharlotte.org.

**Kick-Off Build Days**
February 20, 21, 26, 27 & 29*, 8:00 AM – 4:00 PM
Build Days: Fridays, March 6 & 13 and Saturdays, March 7*, 14*, 21, 28 and April 1, 8, 25, 30 AM – 4:00 PM

**Habitat Dedication**
Saturday, April 25, Noon

*Must be 18 or older. Individuals aged 16 – 17 may participate with a signed waiver.

Not able to build but want to contribute? Sign up to bring lunches or snacks for our building crew.

To learn more or to sign up, visit www.christchurchcharlotte.org/riti.

Room in the Inn

We are two months into this annual ministry and going strong! We have served our neighbors during wintry weather, and cold days are still ahead. There are many ways to help: bring food, help set up beds, or drive the van. We are particularly in need of volunteers to serve as overnight hosts, one of which must be male. Learn more and sign up at www.christchurchcharlotte.org/riti.

Save the Date

**Adult Mission Trip to Costa Rica**
July 18 – 26
Watch for details coming soon.

**Women’s Journey to Thistle Farms**
March 29 – 31
Join us for a two-day workshop at Thistle Farms in Nashville, TN, where we will be trained to support Dahlia Grove, Charlotte’s sister community to Thistle Farms.

Share in the meaningful work of providing healing love and support for women who have survived prostitution, trafficking, and addiction. For more information, contact Laura Konitzer at konitzerL@christchurchcharlotte.org.

PARISH LIFE & NEWCOMERS

Shrove Tuesday Pancake Supper
Shrove Tuesday, February 25, 5:30 – 7:00 PM, All Saints’ Hall

As we prepare to usher in the season of Lent, we invite you to celebrate Fat Tuesday at our annual Mardi Gras-style Pancake Supper.

The Hospitality Committee welcomes all parishioners for pancakes, as well as other delicious New Orleans-style foods. We will enjoy fun jazz tunes and Mardi Gras crafts, so grab your family or invite friends and join us! This hearty dinner, served buffet-style, will cost $9 for adults, $8 for seniors, and $6 for children (ages 4-12). No reservations are necessary.

Newcomer Dinners
First Wednesdays, 5:30 – 7:00 PM, Green Room

We are excited to offer the opportunity for newcomers to gather together for dinner and conversation on a monthly basis. We welcome newcomers on the first Wednesday of the month through April.

Our next dinner will be Wednesday, March 4, with childcare available upon request. To register, contact Kathryn Hamm at hammj@christchurchcharlotte.org or 704-714-6951.

Art and Grief Workshop
Led by Roger Hutchison
March 22, 9:30 – 11:00 AM, Green Room

Grief leans towards expression, and art can provide a healing and comforting way to reckon with the struggles of loss in all its colors. Roger Hutchison, author and artist in Houston, Texas, has led numerous art and grief workshops, including work with survivors of the Sandy Hook Elementary School shootings. You do not need to be an artist to participate. To register for this unique opportunity to give your grief a paintbrush, visit www.christchurchcharlotte.org/wellness.

Well-Doing
Saturday, February 22, 9:00 AM – 2:30 PM, St. Francis A

Enjoy a day of well-doing: enhancing and encouraging the many facets that contribute to your overall wellness. The day will include the Living Compass wellness assessment tool, Bible study, spiritual practices, lunch, goal-setting, and making new friends. Register ($20 per person) at www.christchurchcharlotte.org/wellness or contact Jennifer Hamm at hammj@christchurchcharlotte.org or 704-714-6951.

CONGREGATIONAL CARE AND WELLNESS

Nurturing a connected parish family is a priority at Christ Church. One way we strive to build connection for our youth is through pairing younger students with a buddy. A buddy at Sunday school can make a big difference.

Some children need a buddy to feel less alone. Other children need a buddy to get engaged or to help with activities or crafts. We have paired high schoolers with younger kids who could use a helping hand in class. We have had students with differences, disabilities, special needs, and developmental delays welcomed into their classrooms and cared for by their fellow classmates and teachers.

Christ Church also offers a support group for Exceptional Parents of Exceptional Children (EPEC). EPEC provides a safe space for parents to share their lived experiences and to receive spiritual, mental, and emotional support from one another. Our monthly support group is a great place where parents can be themselves and speak openly about the joys and challenges of having a child with special needs or differences. You do not need to be a member of Christ Church to join us. Meetings are held on first Mondays at 6:00 – 7:00 PM in the Green Room. No registration is required. All are welcome!

Our next dinner will be Wednesday, March 4, with childcare available upon request. To register, contact Kathryn Hamm at hammj@christchurchcharlotte.org or 704-714-6951.

Room in the Inn

We are two months into this annual ministry and going strong! We have served our neighbors during wintry weather, and cold days are still ahead. There are many ways to help: bring food, help set up beds, or drive the van. We are particularly in need of volunteers to serve as overnight hosts, one of which must be male. Learn more and sign up at www.christchurchcharlotte.org/riti.

Freedom School
June 22 – July 30

Mark your calendars now for Freedom School 2020. There will be many fun opportunities to serve at Rama Road Elementary School. We will need Harambee readers, supply shoppers, activity leaders, a Teen Board, plus LOTS of supplies.

Stay tuned for ways to get involved. Contact Laura Konitzer at konitzerL@christchurchcharlotte.org for more information.

Newcomers

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**New Members**

- David Allen
- Paul Arena
- Jillian and Matt Bank and Family
- Lucy and Logan Blough
- John Brady
- Meg Cochrane
- Sarah and Charlie Deason and Family
- Kitty Hartung
- Dayna and Rick Jordan
- Abby and Dan Leonard
- Leslie and Geoff McMurray
- Katie Melzer
- Claire Middleton and Family
- Katherine and Alex Moura and Family
- Christie and Conor Murphy
- Michael Murphy
- Toni Red
- Bethany Rhyne
- Anna and Chad Ritchie and Family
- Andrew Salvetti
- Meredith Schultz and Family
- David Truesdale
- Martha Ann and Craig Wardlaw
- Mike Williams

**Marriage**

Annie Miller Cherry and William Richardson Daughtrey III

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**WELCOME NEW STAFF**

Lesley Peace  
Administrative Assistant for Outreach & Mission

We are pleased to welcome Lesley Peace, our new Administrative Assistant for Outreach and Mission. Lesley will be the point of contact for signing up for various Outreach ministry events.

Lesley, her husband Gregory, and daughter Morgan moved from New York two years ago. Morgan is in Caroline Saunders’ third grade class at Trinity Episcopal School. Gregory has been the After School and Summer Enrichment Coordinator there. Prior to moving to Charlotte, Lesley was the In-Room Dining Coordinator for the Four Seasons Hotel in New York City. She is also an ordained minister in the AME Zion tradition, serving at Steele Creek AME Zion Church. Lesley holds a B.S. in Accounting from South Carolina State University, where she met Gregory. We are delighted to have Lesley on board and look forward to ministering with her.

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**GOODNEWS SHOP**

Come See What’s New

We are excited about all of the new merchandise arriving daily from Atlanta Market. Some of our new brands include Merritt Designs (melamine tableware with lovely patterns and colors), Agraria Home (unique and fragrant diffusers, lotions, soaps and bath salts), Farmhouse Fresh (luxurious body products including Honey Heel Glaze and Moon Dip Mousse), and Terrafirma Ceramics (original handmade pieces that are food and dishwasher safe). Stop by to see what’s new!

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**In the Parish**

**Births**

- Emerson Lane Johnson, daughter of Ashley and Don Johnson
- Elizabeth Lane Hollmeyer, daughter of Jenna and Joe Hollmeyer
- Nathan Greer Yorke, son of Sara and Spencer Yorke
- Katherine Cowan McDavid, daughter of Stirling and Clem McDavid
- Frances Emerson Hasty, daughter of Jesie and Phil Hasty
- Florence Janey Errington, daughter of Sommers and Craig Errington
- Larry Pedrick McWilliams Jr., son of Larry and Ashley McWilliams

**Baptisms**

- Hagood Herring Ellison, daughter of Lauren and Andrew Ellison
- Jean Everett Kelly, daughter of Wendelyn and Stafford Kelly
- Marshall Stackhouse Macon, son of Connor and Marshall Macon
- Molly Charlotte Middleton, daughter of Claire and Henry Middleton
- John Frederick Phelps III, son of Jessica and John Phelps
- Ellen Jenkins Purcell, daughter of Jenny and Brian Purcell

**Marriage**

Annie Miller Cherry and William Richardson Daughtrey III

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**Episcopal Church Women (ECW)**

**Women’s Retreat**

March 13 – 15, Kanuga Conference Center

We will journey to the beautiful North Carolina mountains for a weekend of fellowship, friendship and fun. Wellness Director Mollee Reitz will lead our program, “Guided by Love: A Living Compass Retreat for Women.” To register, visit www.christchurchcharlotte.org/women.

**Friendship Feast**

Thursday, April 2, 6:30 – 8:30 PM, Blue Room

This annual spring dinner is an opportunity for fellowship and inspiration. Treat yourself and your special friends to an incredible night of appreciation, friendship, and inspiration! We will welcome guest speaker Anne Nielson, artist and author of Angels in Our Midst. Registration ($20 per person) is required by March 27 at www.christchurchcharlotte.org/women.

**Writing for Your Life Conference**

March 24 – 25, Christ Church

This conference is open to all who are interested in spiritual writing and/or reading spiritual books. Speakers include Barbara Brown Taylor and other popular Christian authors and publishers. Find details and register at www.writingforyourlife.com/charlotte-2020.

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MARDI GRAS STYLE

PANCAKE SUPPER

Shrove Tuesday, February 25
5:30 – 7:00 PM
No reservations needed