MARCH 2018

The Disciple

News & Events at Christ Church Charlotte





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Holy Week Schedule

PALM SUNDAY, MARCH 25

Holy Eucharist & Liturgy of Palms 7:00 AM, Church 8:45 AM, Church and All Saints' Hall 11:15 AM, Church and All Saints' Hall 5:00 PM, Church

MONDAY, MARCH 26 Holy Eucharist, 6:00 PM, Chapel

TUESDAY, MARCH 27 Holy Eucharist, 6:00 PM, Chapel

WEDNESDAY, MARCH 28

Holy Eucharist and Healing, Noon, Chapel Holy Eucharist, 6:00 PM, Chapel

MAUNDY THURSDAY, MARCH 29

Holy Eucharist, 7:00 AM, Chapel Holy Eucharist, Foot-washing and Stripping of the Altar, 7:30 PM, Church

GOOD FRIDAY, MARCH 30

Children's Service, 10:00 AM, Church Good Friday Liturgy, Noon, Church Stations of the Cross, 1:30 PM, Church

HOLY SATURDAY, MARCH 31

Holy Eucharist and Baptism, 5:00 PM, Church

EASTER SUNDAY, APRIL 1 Holy Eucharist

7:00 AM, Church 8:45 AM, Church and All Saints' Hall 11:15 AM, Church and All Saints' Hall 5:00 PM, Church

ADULT FORMATION

Lent Devotions

Each year Christ Church parishioners, staff, and clergy offer daily meditations to guide you through Lent. Lent Devotions for 2018 are available daily via email. Printed booklets are also available in the Rotunda. To subscribe to the daily email, please visit www.christchurchcharlotte.org/lent.



Living in the Word Sundays, 10:00 AM, Blue Room

"Living in the Word and the Word Living in You" – Join Christ Church clergy and lay leaders for a weekly Bible study on the Sunday scripture passages. After a short lecture we will spend time in small groups



exploring how the Living Words of God can instruct, lead, and open our hearts. For more information, contact The Reverend Matt Holcombe at holcombem@christchurchcharlotte.org.

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CHRISTIAN ESSENTIALS

Living a Christ-centered life

What are the essential components of a Christian life? Find out and explore their real-life applications in this innovative series, developed by the Christ Church Spiritual Growth Commission, that covers 15 spiritual practices in three areas: Love God, Care for Each Other, and Serve the World.

We are currently forming small groups. Starting with the "Love God" modules, each group will meet for six weeks, 90 minutes per week, with 10 - 12 participants and two facilitators. A 150-page *Christian Essentials* notebook provides all the resources and tools needed for the journey, along with videos recorded by Christ Church clergy. In summary, we've pulled out all the stops to create something that will inspire, inform, and transform!

Special thanks go to our first group of trained facilitators: Amanda Anders, Cindy Costa, Tere Ey, Shawn King, Tasse Little, and Chris Martin. We encourage you to ask them about this series, or contact The Reverend Matt Holcombe. If you are interested in participating in a *Christian Essentials* group, please visit www.christchurchcharlotte. org/christian-essentials to sign up.

ADULT FORMATION

Good Book

As the story of God and God's people, the Bible can speak to you and guide you in ordinary and unexpected ways. Learning and cultivating your knowledge of the Bible is an incredible opportunity to come into God's presence as you explore, grow, and deepen your faith. The Good Book offers three ways to support you in reading and reflecting on scripture.

The Good Book: Daily

Subscribers receive a daily scripture passage and question for reflection via email.

The Good Book: Lent

Prepare for Easter as you read the Gospel of Mark during the season of Lent. Learn the story of Jesus' life through the lens of the earliest Gospels written. We provide a daily Reading Guide with the reading plan, prayers, and information to help you enter into a period of self-examination and reflection.

The Good Book: Beginning to End

In 15 - 30 minutes a day you can read the entire Bible in less than a year. The reading plan includes an overview of every book in the Bible and a daily reading schedule. A printed edition of *The Good Book: Beginning to End* in spiral bound form is available (\$10) in the GoodNews Shop.

Find all the details about all three options at www.christchurchcharlotte.org/goodbook.



ADULT FORMATION



Men's Hiking and Fishing Trip Lake Logan Conference Center Thursday - Saturday, April 5 - 7

"God's transformation happens here." Experience the serenity of God's glorious gifts in this 260-acre sanctuary located in Canton, NC in the valley near the Blue Ridge Parkway. Lake Logan offers a beautiful place to rest, relax, and recreate.

All men of Christ Church are invited to attend a weekend focused on fellowship and adventure. Turn off your cell phone and unwind with your fellow Christian brothers. Enjoy hiking and fishing in the Blue Ridge Mountains. Cost (\$245/double, \$290/single) includes meals and two nights' lodging. Contact The Reverend Matt Holcombe if confidential scholarship assistance is needed. Register online at www.christchurchcharlotte.org/men.

Raising Shame-Resilient Kids

Wednesdays, March 7 - 21 Morning Classes: 9:30 - 11:00 AM, M213 Evening Classes: 6:00 - 7:30 PM, Green Room

Parenting is hard work, and many of us find ourselves in need of support and guidance. Using Brené Brown's research and methodology, certified Daring Way Facilitator The Reverend Matt Holcombe will offer a three-week class for parents on raising shame-resilient kids.

Materials and exercises will be centered around Brown's research on shame, vulnerability, and courage to illuminate ways parents can engage in 'wholehearted parenting.' Childcare is provided for this free offering; advance registration is required. To register or learn more, visit www.christchurchcharlotte.org/lent.



CHRIST CHURCH 75TH ANNIVERSARY



APRIL 13 - 15

WWW.CHRISTCHURCHCHARLOTTE.ORG/75YEARS

STEWARDSHIP

The Value of Memorial Gifts

A gift to Christ Church is an excellent way to honor a faith-filled life.

Christ Church is most grateful for memorial gifts received throughout each year. In 2017, more than \$22,000 in memorial gifts were used to fund a variety of special projects and improvements around the parish campus, including landscaping, special work in the rose garden, a new bridal carpet runner, repairs in the choir loft, and installation of security cameras. In addition, memorial gifts also funded new robes and cinctures. What a wonderful way to honor the legacy of parish members who included Christ Church in their obituaries.

Memorial gifts to Christ Church are used to improve and maintain the entire Church campus, including both inside the buildings as well as the surrounding gardens. These gifts are also used to purchase sacramental items needed to celebrate services. Memorial gifts allow Christ Church to serve the parish and the city of Charlotte in a warm and welcoming environment.

Gifts of any amount can be made in memory of someone who has died. We will acknowledge each thoughtful donation by notifying the family member designated (no gift amount is disclosed).

We are grateful to those who include Christ Church as a recipient of memorial gifts at the time of death. For additional details, or specific obituary wording, please contact Kimberly Mize at mizek@christchurchcharlotte.org.

Shrove Tuesday Pancake Supper

On Tuesday, February 13, we enjoyed a wonderful evening as we celebrated Shrove Tuesday with pancakes and lots of Mardi Gras food. In addition to the delicious fare prepared by Chef Mary, kids enjoyed crafts and everyone enjoyed fun music and a time to be together. Thank you to Fred Paschall and Matt Kain, who worked diligently behind the scenes flipping pancakes. We were delighted to welcome several hundred parishioners, some long-time members and some brand new to our community. A special thank you to our Hospitality Committee and co-chairs, Molly Nielsen and Lindsey Williams, for planning such a fun night.





Newcomer Dinner Wednesday, March 7, 5:30 - 7:00 PM, M207

Since last fall, on the first Wednesday of each month we have gathered with newcomers to enjoy a delicious dinner and to get to know each other better. Save the date to join us for our next Newcomer Dinner.

We will gather in M207 for a casual dinner from 5:30 -7:00 PM with other newcomers and will be joined by a member of the staff or clergy to discuss a little of what's going on around Christ Church. We would love to have you join us! Please register with Kathryn Saunders at saundersk@christchurchcharlotte.org. Childcare is available upon request.

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Easter Egg Hunt Sunday, April 1, following the 11:15 AM services

Families with young children are invited to participate in our annual Easter Egg Hunt, immediately following the 11:15 AM Discovery and Church services. This is always a fun and special time for young children ages 8 and under. If you would like to participate, please drop off two dozen candy-filled eggs (per child) to the Church office no later than Thursday, March 29. If you are interested in helping or have questions, please contact Eleanor Fairey at efairey13@gmail.com. We are also grateful for additional donations of individually-wrapped candy (no nuts, please), which may also be dropped off at the Church office by Friday, March 30.

Having a BLAST!

BSA Troop 17 had a blast skiing the slopes of Sugar Mountain this Winter. If you know an aspiring Scout who would like to join the fun, visit www.bsa17.com for information.



CHILDREN, YOUTH AND FAMILIES MINISTRY



Baby Bundles Service Project

Thursday, March 8, 4:30 - 5:30 PM

Fourth and fifth graders will spend the afternoon working with Baby Bundles, a local organization which provides a bag of necessities to mothers in need as they leave the hospital with their newborn. Our Navigators will learn about some of the services Baby Bundles offers as well as help with a small project for the organization. To register your child, go to www.christchurchcharlotte.org/navigators. Questions? Contact Sarah Carr at carrs@christchurchcharlotte.org.

Vacation Bible School 2018

June 18 - 21, 9:00 AM - 1:00 PM

This summer we are excited to experience a "Rollin' River Rampage" with the children of Christ Church at VBS! We know the river can be rough, winding, smooth, and sometimes unpredictable ... but through it all, God is with us.



We need the hands of many willing adults all four days to help lead small groups through games, crafts, music, and more. We seek volunteers with hearts made to love and voices made to sing, as we walk alongside our 4-year-olds through 5th graders during this week of incredible Christian Formation.

Led by our hardworking and dedicated co-chairs, Brittany Luther and Catrina Restelli, and our amazing Steering Committee, this is a week that you and your children will remember!



Registration is now open for rising 4-yearolds to rising 5th graders. Learn more and register by May 15 at www.christchurchcharlotte.org/ vbs.

(Left): VBS co-chairs Brittany Luther and Catrina Restelli are excited to see you and your children this summer.



Children's Ministry Volunteer Spotlight: Carolyn Giammarinaro, Children's Ministry Champion

Meet Carolyn. Carolyn is passionate about teaching and protecting the youngest parishioners at Christ Church. With gentle nudges and motivating words from others, she has accepted many different invitations to serve in her short two-year tenure at Christ Church.

When it comes to jumping in, Carolyn says, "In the beginning I often find myself reluctant, but soon realize that through these opportunities I gain so much more than I give: gifts of fellowship, friendship, shared wisdom, and purpose."

Carolyn and her husband Matt have been Christ Church members and Charlotteans since spring 2016 when they moved from the NYC area. She graduated from the University of Mary Washington with a degree in Historic Preservation and worked in the insurance industry for about 10 years prior to becoming a fulltime stay-at-homemom to three boys: George (6½), Charlie (5), and Luke (17 months).

On any given Sunday morning, you will either find Carolyn in the Nursery Suites as acting chair of the Christ Church Nursery Committee, or in the Green Room at 8:45 AM leading Children's Chapel. She brings practicality and thoughtfulness to the areas where she is involved and provides a calming presence for everyone around her.

Carolyn is also excited to help us with a new role in Vacation Bible School this summer to provide more in-depth programming for our nursery-age children. Carolyn says that she and her family have been blessed to find Christ Church as the perfect spiritual home for her family. But truly, we are the ones blessed by her heart and leadership.

Middle and High School Lenten Gatherings

Wednesdays, March 7 and 14, 6:00 - 7:30 PM

Middle and high school students will continue their Lenten gatherings at the Flippin home (1820 Beverly Drive).

All youth are welcome to come, even those who missed earlier gatherings. We will use this time to reflect on "Growing a Rule of Life" (an offering of reflection and prayer from the Society of Saint John the Evangelist, a monastic community of the Episcopal Church in Cambridge, MA). We will celebrate the areas of our life that are going well and identify areas that could go better. We will work on designing a plan for living to deepen our relationship with God, others, self, and creation. For more information on this practice, visit www.SSJE.org/growrule.

Youth Sunday Sunday, March 18, All Sunday Services

Come support our youth as they lead our Sunday services on March 18. Youth interested in preaching, praying, serving, singing, or participating can email Alice deVries at devriesa@christchurchcharlotte.org.

3rd Annual Chili Challenge (and Silent Auction) Sunday, March 4, 6:00 - 8:00 PM, All Saints' Hall

Come for the fun, stay for the chili - all are invited! There will be great chili cooked by parishoners and wonderful silent auction items. To register a chili team or get tickets to attend, go to www.christchurchcharlotte.org/chili. This event is organized by and provides support to our Youth and Family Ministry.

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Pass It On! Sharing Faith From Generation to Generation

Wednesday, March 21, 6:00 – 7:30 PM, All Saints' Hall

Our next Faith Talks will be led by Lindsay Masi as well as some members from Youth Council. All families are invited for these monthly dinner conversations on relevant topics, designed to equip and empower you on your faith journey. Register at www.christchurchcharlotte.org/ faithtalks.





Middle School Dance: "Soul Spirit"

by Araminta Cheek

From tie-dyed balloons to a mountain of shoes, the "Sole Spirit" Middle School Dance was a huge success. Held Friday, February 2, the dance was organized by the High School Youth Council. Over 20 Youth Council volunteers helped park cars and check in middle schoolers. Volunteers were DJs and DDs (Designated Dancers).

Middle schooler Allie Holcombe organized the "Sole Spirit" shoe drive, asking those attending the dance to bring

gently worn shoes that will be sent to Haitian children, youth and families. The shoe drive was a phenomenal success, collecting over 120 pairs. The Middle School Dance was lots of fun. Be sure to come next year!



OUTREACH & MISSION

Habitat Build is Underway

Our Habitat Kickoff Dinner was a wonderful event and the 2018 Habitat build is officially underway. There are still many opportunities to get involved. Visit www.christchurchcharlotte.org/habitat for sign-up links to build or provide lunch.

Point In Time (PIT) Count

By Josiah Daniels

On February 1, I had the opportunity to join hundreds of volunteers for the 2018 PIT count. This is an annual event in which hundreds of volunteers go throughout the county to meet and interview people experiencing homelessness. The data collected is vital for understanding how well we are responding to homelessness as a community. While we do not yet have numbers, I can share what we learned from last year's count.

Last year, there were 1,476 people sleeping in shelters and on the streets. And while this seems like a lot of people, it does not reflect the thousands more experiencing housing instability: sleeping with friends, family members, or in hotels.

It is easy to get lost in the numbers. But being out with our homeless neighbors that morning, I was reminded that the numbers are not abstract. Each one represents a person or family that is fighting to survive. Being a part of ending homelessness through financial support is important, but the PIT count reminded me of how important our presence is as well.

If you have been thinking about getting involved in one of our many opportunities in this area, there is no better time than now. Whether it is partnering with a formerly-homeless person through the Neighbor to Neighbor program, tutoring a child in housing transition with A Child's Place, or joining a Hope Team at Charlotte Family Housing, you have just what we need to help end this crisis. If you would like more information on our opportunities, visit christchurchcharlotte.org/outreach or email me at danielsj@ christchurchcharlotte.org.

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Rama Road Elementary News

Great things are happening at Rama Road Elementary School, largely due to the partnership with Christ Church over the past several years. Jeanne Kutrow has volunteered to serve as a liaison between Christ Church and Rama, and is busy updating volunteer lists and assessing current needs of the school community. She is also recruiting volunteers to be tutors, lunch buddies, reading buddies, and classroom assistants. Contact Jeanne at jkutrow@gmail.com if you would like to volunteer. Currently, Rama needs the following items, which may be delivered to Laura Konitzer or Josiah Daniels in the Church office: tissues, Lysol or Clorox wipes, and gently-used uniforms (khaki or navy pants, shorts or skirts, and white or light blue shirts).

Upcoming important dates at Rama:

Career Day, March 15 Art and Writing Night, March 22 Open School Week, March 19 - 23 Volunteer Luncheon, April 19

Costa Rica Mission Trip Success

February 3 - 10, a group of 12 adults went on our annual Costa Rica mission trip to San Jose, Costa Rica. We spent our time repainting a mural and painting and lining a newly surfaced area at Hogar Escuela, the day care school where we have worked for many years. The resurfaced area will be used for soccer, volleyball, hopscotch, and four square, as well as staff parking. We also had a day away from the city enjoying the beauty of the rain forest.

Plan now to join us for next year's adult mission trip: February 2 - 9, 2019.







2018 Easter Lily Memorials and Honorariums

Due March 18, 2018

I would like to donate an Easter Lily to adorn Christ Church to the Glory of God and in loving memory or in honor of the person(s) named below.

Please circle one: In loving memory of [or] In honor of

[Please print name(s) as will appear in the bulletin]

Given by: _____

[Please print name(s) as will appear in the bulletin]

Your Name

Phone _____ Email ____

Each Easter Lily is \$35. Checks should be made payable to Christ Church. Please use one form for each memorial.

Mail Easter Lily forms and donations by March 18 to: Kamie Rudisill 2245 Colony Road Charlotte, NC 28209

Questions: Kamie Rudisill, 704-582-2691, kamierudisill@gmail.com

Lilies may be taken home after the 5:00 PM Easter Sunday service.

CONGREGATIONAL CARE



Knitted Together

A group of women at our church knit together to knit us all together. Prayer shawls are knitted wraps of



assorted colors, patterns, sizes and textures meant to warm folks up, literally and figuratively, when going through a tough time. Recently I was visiting someone in the hospital ICU, and her prayer shawl lay atop the hospital sheets, the only fuzzy, cozy item in the

room. Ollie Marleaux has received several blankets since his birth and subsequent heart transplant, but it is his prayer shawl that has become his lovey.

Knit One, Pray Two, led by Grace McGoogan, meets every other Monday at 1:30 PM at Church. Those who can't attend send in their offerings. If you are interested in knitting or in getting a prayer shawl, contact Lisa Saunders at saundersL@christchurchcharlotte.org.

Reasons to See a Therapist

We all need help now and then. Asking for help is one of the hardest things to do, especially for men. The earlier someone gets help, the easier it is to get better. While one of out of five people deal with some sort of anxiety or mental health issue, less than half seek professional help. Psychologists attribute this low rate of treatment to the stigma and many myths attached to seeing a therapist. Among them are the concern that only "crazy" people need therapy, or that accepting help is a sign of weakness, or that treatment will be time-consuming and expensive. Treatments vary: some patients benefit from just a few sessions with a counselor while others may need something extensive, just as physical illnesses can be helped from a simple antibiotic to surgery and lengthy treatments.

Some common reasons to seek out a therapist:

- You've suffered a trauma and you can't seem to stop thinking about it.
- · Anxiety interferes with your daily life.
- You're using a substance to cope.
- You feel disconnected from previously beloved activities.
- Your relationships are strained.
- Your friends have told you they're concerned.

Spring Breast Cancer Survivor Luncheon

Thursday, April 19, 12:00 Noon 1530 Queens Road, The Carlton

Breast cancer survivors are invited to a luncheon to support, encourage and celebrate one another. If you don't need to come for yourself, come for the others who will be there.

Cost is \$10. RSVP to Jennifer Hamm at hammj@christchurchcharlotte.org or 704-333-0378.

WOMEN'S MINISTRY

Friendship Feast

Tuesday, March 20, 6:30 - 8:30 PM, All Saints' Hall

This annual spring dinner is an opportunity for fellowship and inspiration. This year we will welcome Sonja Nichols as our guest speaker. Treat yourself and your special friends to an incredible night of appreciation, friendship and inspiration! Find details and register by March 15 (\$20 per person) at www.christchurchcharlotte.org/ women.



Sonja is an energetic community and philanthropic leader, a published author and an accomplished business woman. With the Women's Impact Fund, she chaired the Women's Collective Giving Network Convention.

Women's Ministry Annual Retreat

"Connecting Generations, Celebrating Women" Friday, April 20 - Sunday, April 22 Kanuga Conference Center, Hendersonville, NC

All women of Christ Church are invited for a wonderful weekend to rest, refresh and renew in the beautiful NC mountains, just a two-hour drive from Charlotte. Our program will be led by The Reverend Lisa Saunders. For more information, contact Sarah Ryan at Sarah.ryan1@me.com or Elizabeth Glasgow at eglasgow@hotmail.com. Register online at www.christchurchcharlotte.org/women, or find paper registration forms in the Rotunda literature rack.

GOODNEWS SHOP

Announcing Our Mission Funding

Episcopal Church Women (ECW) is pleased to announce the recipients of our 2018 mission funding raised through the GoodNews Shop and the ECW Holiday Bazaar. A combined total of \$113,500 was granted to the agencies below. This was made possible by the continued support of our shoppers and volunteers. Thank you to all of you and to all of these agencies for their work in our community.

Local Agencies

A Child's Place **Alexander Youth Network Answer Scholarship Endowment Augustine Literacy Project Baby Bundles** Care Ring Center of Hope (Salvation Army) **Charlotte Bilingual Preschool Charlotte Family Housing Classroom Central Center for Community Transitions** Council for Children's Rights **Charlotte Rescue Mission** (Dove's Nest) **Dress for Success** Fashion and Compassion **Florence Crittenton Services**

Freedom School Partners Heart Math Tutoring Hope Haven I AM 24/7 InReach KinderMourn Lex Matthew Scholarship Lily Pad Haven Mitchell's Fund Pat's Place Child Advocacy Center Safe Alliance **Shelter Health Services** The Learning Collaborative The Relatives **Thompson Family Focus** UMAR **Urban Promise**

International Agencies

Elida Home Faraja School Fistula Foundation Hope Builders Hope for Jesus Jubilee NICA Nadadores Our Little Roses Rural Education

Christ Church Kindergarten & Preschoo

A Few Spaces Left!

Christ Church Preschool & Kindergarten has a few 5-day Four-Year-Old spaces available for the 2018-2019 school year. To learn more or schedule a tour, contact Kelly Coley, Head of School, coleyk@christchurchcharlotte.org.



College and Seminary Scholarship Applications Available

Christ Church Foundation scholarships are designated for college and seminary studies. Applications are available in the Rotunda wall rack and at www. christchurchcharlotte.org/foundation.

Return applications by email by April 30 to Kimberly Mize at mizek@christchurchcharlotte.org or to 1412 Providence Road, Charlotte, NC, 28207.

In the Parish

New Members

Leslie and Kyle Carse George Carter Melissa and Brad Christmann Carr and Matt Doerre and Family Aaron Greene April and Jay Harrill and Family Connor and Marshall Macon Alison and Eric Martin and Family Janie and Bernie McCabe Raj Merchant Hannah and Marc Ozburn and Family John Perone Ryan and Anna Portal and Family Jessica and Brian Vest

Births

Bennett Stephen Thigpen, great grandson of Nancy and Dick Thigpen

- Margaret Procter Duncan, daughter of Jane and Griffin Duncan
- Emerson Louisa Fortune, daughter of Jackie and Fletcher Fortune
- Clara Eloise Garfield, daughter of Marie and Matt Garfield

Baptisms

Leighton Mary Smith, daughter of Tonya and Sean Smith Helen Leary Scarborough, daughter of Leary and Ruffin Scarborough

Emily Anne Klein, daughter of Lauren and Jeff Klein Mark Maxwell Gilbert, son of Lauren and Grant Gilbert Clement Chandler McDavid Jr., son of Stirling and Clement McDavid Sr.

Bennett Caroline Purcell, daughter of Jenny and Brian Purcell

Deaths

Randy Page

Lou Hurst Halstead, mother of Shana Plott Dr. Charles Frederick Bath, father of Andrea Moore Martha Bledsoe, mother of Louis Bledsoe Douglas Clark Targgart, brother of Eric Targgart Clarence Alton "Al" Peavy, father of Kris Peavy Douglas Clark Targgart, brother of Eric Targgart Theodore Glenn "Ted" Hartsock William Arthur Hamson, father of Marilynn Bellman Wilhelmina Clement Randall, mother of John Randall Sam Cochran The Disciple (USPS#679-610) Published monthly by Christ Episcopal Church

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