

The Disciple

News & Events at Christ Church Charlotte



Love God
Care for Each Other
Serve the World

Let Go of Fear in 2019

Therefore I tell you, do not worry about your life Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life?

– MATTHEW 6:25-27

New Practices for a New Year

As we begin a new year with the Faith and Courage Initiative, we will focus on the practices that lead to a less fearful, more hopeful life. Inside you will find details about worship services, classes, groups, and special programs centered around wellness, learning, serving others, and much more. We hope you will find what you need to deepen your connections with God, yourself, and our community.



2 Faith Forums
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4 Wellness & Support
Groups
5 Adult Formation

8 Children, Youth &
Families

9 Parish Life
10 Outreach & Mission

Upcoming Sundays

10:00 AM, All Saints' Hall

Exploring Wellness

Wellness is a broad term that can mean many things. As we move from ideas into practices, join us on Sunday mornings at 10:00 AM in All Saints' Hall to explore several facets of wellness with a helpful and hope-filled lineup of outstanding speakers. They will offer a wide variety of perspectives on different types of wellness for individuals and our community.



FAITH FORUM:

Ned Hallowell



Ned Hallowell, M.D., is a board-certified child and adult psychiatrist, author of 20 books, international speaker, and leading authority in the field of mental health. Ned is the founder of The Hallowell Centers in Boston, New York, San Francisco, and Seattle, which provide cognitive and emotional health to help unwrap the gifts of the mind.

Ned has devoted his life to wellness and traveling the world to help educate, inform, and inspire. Join Ned and The Reverend Chip Edens as they explore living with less fear in 2019.

JAN
6

FAITH FORUM:

Dawn Huebner



Dawn Huebner, PhD, is a clinical psychologist specializing in the treatment of anxious children and their parents. As a parent coach, author, and parent of a once-anxious child, she created *What to Do Guides for Kids* that teach complex psychological concepts to children.

Dawn's TEDx talk, *Rethinking Anxiety*, has been viewed over half a million times. She is the author of numerous books, including the bestselling *What to Do When You Worry Too Much* and the more recent, *Outsmarting Worry*. Join Dawn and The Reverend Chip Edens as they explore parenting courageously.

JAN
13

FAITH FORUM:

Spencer Merriweather



Spencer Merriweather, District Attorney of Mecklenburg County, earned his law degree from UNC-Chapel Hill and undergraduate degree from Princeton University. As an Assistant District Attorney, Spencer sought justice for homicide victims, prosecuted assault cases, and worked in Drug Treatment Courts to help offenders confront addictions.

Join Spencer and The Reverend Chip Edens as they discuss what redemption, healing, and forgiveness look like in our lives and in Charlotte.

JAN
20

FAITH FORUM:

Wellness Panel Conversation



Join The Reverend Lisa Saunders for a special Wellness Panel Conversation with Anna Dulaney, PharmD, DABAT, Director of Carolinas Poison Control and Christopher Griggs, MD, MPH, Emergency Physician

at Carolinas Medical Center.

Overdoses, fueled by opioids, are the leading cause of death in Americans under the age of 50. Join Anna and Christopher for expert views on the current state of how medicine can be used for restorative wellness instead of fueling an epidemic.

JAN
27

FOR MORE INFORMATION ABOUT OUR FAITH FORUM SPEAKERS, VISIT WWW.CHRISTCHURCHCHARLOTTE.ORG/FAITH-FORUM.

COMING IN FEBRUARY

Faithful and Courageous Figures in the Bible

A CLERGY CLASS SERIES

SUNDAYS, ALL SAINTS' HALL, 10:00 AM

- February 3:** **ADAM AND EVE**
The Reverend Chip Edens
- February 10:** **MARY AND MARTHA**
The Reverend Joshua Case
- February 17:** **PETER AND PAUL**
The Reverend Jonathan Soyars
- February 24:** **ABRAHAM AND SARAH**
The Reverend Lisa Saunders
- March 3:** **MOSES AND AARON**
The Reverend Matt Holcombe



Christ in the House of Martha and Mary, Johannes Vermeer, 1654.

Noted Care

IDEAS THAT HELP. STORIES THAT INSPIRE.

Taking Care of Yourself ... and Others

I was too old to have watched “Mr. Rogers’ Neighborhood” as a child, and when my children were little, I did not like watching his show. I found it to be cheesy and slow-paced, and the production and sets embarrassingly low budget. I preferred “Sesame Street” which was far more clever and tossed out a few tidbits to parents over the young viewers’ heads.

I did not come to appreciate Mr. Rogers’ brilliance until recently, or to recognize that his focus was entirely for the child. The documentary on his life is excellent, and I highly recommend it.

Here are a few quotes from Mr. Rogers that can change how you take care of yourself and others.

- There is no normal life that is free of pain. It’s the very wrestling with our problems that can be the impetus for our growth.
- Often when you think you’re at the end of something, you’re at the beginning of something else.

- People have said, “Don’t cry” to other people for years and years, and all it has ever meant is, “I’m too uncomfortable when you show your feelings. Don’t cry.”
- I think it’s very important – no matter what you may do professionally – to keep alive some of the healthy interests of your youth.
- Whatever is considered unmentionable becomes unmanageable.

On the second Wednesday of each month at 10:00 AM at Christ Church, we have a gathering of folks who have a loved one living with dementia. It can be helpful to share ideas, encouragement and support. For example, important things to avoid doing when caring for someone with dementia are: Do not argue with your loved one. Do not correct your loved one. Do not try to reason with your loved one. Avoiding these behaviors will make for a peaceful relationship.

– The Reverend Lisa Saunders

WORSHIP

www.christchurchcharlotte.org/worship

Contact: The Reverend Joshua Case, casej@christchurchcharlotte.org
or 704-714-6946

Sunday Worship Schedule

7:30 AM	Holy Eucharist in the Church
8:45 AM*	Holy Eucharist in the Church
8:45 AM*	Contemporary Eucharist in All Saints' Hall
11:15 AM*	Holy Eucharist or Morning Prayer in the Church
11:15 AM*	Discovery Eucharist in All Saints' Hall
5:00 PM	Holy Eucharist in the Church

* Nursery Care available

Weekday Worship Services (Every Week)

Tuesday Evening Eucharist, 6:00 PM in the Chapel

Wednesday Eucharist and Prayers for Healing, Noon in the Chapel

Thursday Morning Eucharist, 7:00 AM in the Chapel

Altar Guild

This important ministry supports hundreds of worship services each year, including chapel services during the week and our six Sunday services. Like setting a table for a special meal, we place the silver for communion on the altar, and clean up and reset afterwards. It takes no more than 30 minutes, and can be scheduled for the service(s) of your choice. We work in teams, so you will never work alone. It's a fun group and we'd love for you to join us! Contact Peggy Horne (peggy.horne1009@gmail.com) or Katie Charlebois (katiechar68@gmail.com) to learn more and/or sign up.

MUSIC

www.christchurchcharlotte.org/music

Contact: Ben Outen, outenb@christchurchcharlotte.org or
704-714-6942

All music ensembles require advance registration
at www.christchurchcharlotte.org/music-signup.

Contemporary Band (Adults and Youth)

Wednesdays, 7:00 – 9:00 PM, Band Room

Musicians of all backgrounds and abilities lead worship through music at the Contemporary Eucharist.

Christ Church Choir (Adults)

Thursdays, 7:00 – 9:00 PM, Choir Room

Repertoire is challenging and covers a wide range of styles and languages from our classical choral heritage, directed by Ben Outen. We welcome singers with choral experience, vocal confidence and music reading skills. Contact Ben Outen at 704-714-6942 or outenb@christchurchcharlotte.org for more information.

Music Club (Pre-K & Kindergarten)

Wednesdays, Beginning January 9, 5:00 – 5:30 PM, M211

Pre-kindergarten (age 4) and kindergarten students learn the basics of making music and healthy singing by playing musical games.

St. Nicolas Choir (Grades 1 – 3)

Wednesdays, Beginning January 9, 5:00 – 6:30 PM, U304

Based on the Royal School of Church Music training plan, choristers prepare music for worship while learning the basics of music reading, vocal skills, liturgy and teamwork. Repertoire contains scripture and poetry that teach the beliefs and principles of our faith. In rehearsals, choristers use movement and experiential learning to explore their own artistic abilities and discover the joys of teamwork.

Christ Church Choristers (Grades 4 – 8)

Wednesdays, Beginning January 9, 5:00 – 6:30 PM, Choir Room

This choir prepares music for worship using the Royal School of Church Music curriculum. Areas of focus include sight singing, multi-lingual diction, understanding musical styles, and vocal technique. As with all team activities, commitment and leadership are taught and highly valued.

WELLNESS & SUPPORT GROUPS

www.christchurchcharlotte.org/support

Contact: The Reverend Lisa Saunders, saundersl@christchurchcharlotte.org or 704-714-6952

Sunshine Flower Guild

Mondays, 9:30 – 10:30 AM, Sacristy

Sunshine Guild volunteers meet on Mondays to arrange the altar flowers into smaller bouquets and deliver them to parishioners who need some cheer. Would you like to be a part of this joyful ministry? Contact Ainslie Wall at 704-333-0378 or walla@christchurchcharlotte.org.

Separation, Divorce and Recovery Group

Tuesdays, 7:00 – 9:00 PM, M213

Support, fellowship and encouragement for those going through divorce or separation. Led by non-members of Christ Church. Contact Doug Carson, 704-957-3943 or dougcarson@bellsouth.net.

Silver Bullet Men's Exercise Group

Saturdays, 7:00 AM, Christ Church Parking Lot

A quick boot camp style workout and fellowship for men of all ages.

Yoga for the Spirit

Sundays, 4:00 PM, St. Francis B

Calming, meditational yoga practice to deepen your relationship with your body, mind and spirit. No registration needed; \$10. Proceeds donated to Leap of Faith initiatives.

Knit One, Pray Too Prayer Shawl Ministry

First and Third Mondays, 1:30 – 3:00 PM, St. Francis D

Join us on the first and third Mondays each month for fellowship and knitting prayer shawls, which are given to those going through illness or difficult times to remind them of God's presence. Novice to master knitters, all are welcome! Contact Grace McGoogan, 704-591-6800 or gmccoogan@aol.com.

Dementia Caregivers Support Group

Second Wednesdays, 10:00 – 11:00 AM, M205

If you are living with someone who has dementia, join us on the second Wednesday of each month to share resources, concerns, advice and understanding. For more information, contact The Reverend Lisa Saunders at saundersL@christchurchcharlotte.org.

EPEC – Exceptional Parents of Exceptional Children

Second Mondays, 6:00 – 7:00 PM, Green Room

The EPEC support group is designed for parents of children with special needs, disabilities, and developmental delays to discuss their experiences, share ideas, and provide spiritual, mental, and emotional support to one another. EPEC is a judgment-free ministry. Childcare is available with an advance online request at www.christchurchcharlotte.org/EPEC.

Living Your Strengths

Wednesdays, January 23 – February 27

9:30 – 11:00 AM, St. Francis C

If you want to understand, appreciate, and better exercise your gifts and strengths, you will enjoy this six-session course, which explores what makes you happy, alive, and energized, and how your gifts help you grow spiritually in all areas of life. Class size is limited. This is not a career counseling course, yet it will deepen your faith in your own gifts and encourage you to share them. For more information or to register, contact The Reverend Lisa Saunders at saundersL@christchurchcharlotte.org.

Living With Grief and Hope

Wednesdays, January 30, February 6, 13 and 20

1:00 – 2:15 PM OR 7:00 – 8:15 PM, M205

Grief can be a pathway to growth, not in a way that justifies the pain or loss, but in a way that pays homage to our loss. No one need carry grief alone either; knowing that others understand how we feel can lessen the hurt and strengthen the hope. This four-week series provides support and resources for those who are dealing with loss. For more information, contact The Reverend Lisa Saunders at saundersL@christchurchcharlotte.org.

ADULT FORMATION

BIBLE STUDIES

www.christchurchcharlotte.org/bible

Contact: Jenny Beaumont, beaumontj@christchurchcharlotte.org or 704-714-6945

The Daily

Receive an inspirational Bible passage from the Old or New Testament every day. Sign up at www.christchurchcharlotte.org/goodbook.

The Good Book Beginning to End

Mondays, 7:30 – 8:30 AM, M205

Participants receive a Reading Guide that provides a framework for reading the entire Bible in a year. Clergy and lay leaders facilitate discussion around these weekly Bible readings.

Women's Evening Bible Study (WEBS)

Mondays, Twice Monthly Beginning January 7, 7:00 PM, St. Francis C

Women meet to study scripture and literature, enjoy fellowship, and worship together. For more information, contact Jenny Beaumont at beaumontj@christchurchcharlotte.org.

Men's Reading Between the Lines

Tuesdays, 8:00 – 9:00 AM, Yellow Room

Men meet weekly using the Reading Between the Lines curriculum.

Reading Between the Lines

New Group Forming in 2019!

Add to your understanding of scripture by reflecting on topics that arise from cultural and literary inspirations, using the Reading Between the Lines curriculum. Register at www.christchurchcharlotte.org/bible.

Thursday Morning Worship and Bible Study

Thursdays, 7:00 AM, Chapel/M207

All are invited to worship in the Chapel followed by breakfast and Bible study led by clergy.

Feasting on the Word

Sundays, 10:00 AM, M206

Join clergy and lay leaders for a Bible study on the Sunday scripture passages. After a short lecture, small groups explore how the Living Words of God can instruct, lead, and open our hearts.

Deborah Book Guild

Wednesdays, Beginning February 6, 10:30 AM, M205

The Deborah Book Guild is a women's group that meets on the first Wednesday of the month. We read secular books and bring our own faith and beliefs to bear on whatever we read. Each meeting begins with a devotion followed by a book discussion. Group members volunteer to lead devotions or present the book overview. New members and guests are always welcome.

Christ Church Women's Bible Study (CCWBS)

Thursdays, Beginning January 10, 10:00 AM, Blue Room

Women of all ages gather weekly, September through March, to study, learn, and grow together. This spring, we will study Daniel, Micah, and Malachi.

Building Up the Body of Christ (Bodybuilders)

Mondays, 11:00 AM – Noon, St. Francis C

This group connects faith to everyday life through articles, world events, poetry, other readings, and scripture. No homework. Come when you can.

Wonderings Along the Way

Wednesdays, 6:30 – 7:30 PM, St. Francis D

Young women (20s and 30s) meet for discussion and fellowship. Childcare is available by reservation.

Young Adult Faith & Fellowship

Most Sundays 10:00 AM, Parlor

Young adults (20s and 30s) meet for conversation, learning, and fellowship.

CLASSES

www.christchurchcharlotte.org/adult-classes

Contact: Jenny Beaumont, beaumontj@christchurchcharlotte.org or 704-714-6945

Centering Prayer

Mondays, 5:30 PM, M206

An ancient prayer discipline that quiets the mind in order to cultivate interior silence. We open ourselves to the presence and healing activity of God. Please join us any time.

Christian Essentials



**CHRISTIAN
ESSENTIALS**

Living a Christ-centered life

Group 8: Mondays, Beginning January 14, 10:00 – 11:30 AM, M205

Group 9: Thursdays, Beginning January 10, 7:30 PM, Online

Christian Essentials invites participants to explore, grow, and deepen their faith. We apply what we learn to our faith journey and build practices to deepen our relationships with God, neighbor, world, and self.

A \$25 registration fee covers materials. To register, visit www.christchurchcharlotte.org/adult-classes.

The Enneagram

Opening the Higher Mind: Mondays, January 14 – March 25, 6:30 – 8:30 PM

Who's Driving the Bus?: Wednesdays, January 16 – February 27, 6:30 – 8:30 PM

Learn more about yourself and discover a deeper relationship with God through study of the Enneagram. Visit www.christchurchcharlotte.org/enneagram for details and registration links.

Communications Skills Training (CST)

January 15 – 17, February 22 – 24

These three-day workshops (8:00 AM – 3:30 PM) develop skills to improve relationships with friends, family, spouses, and co-workers. Visit www.christchurchcharlotte.org/cst for more information.

Kids in Crisis

Wednesdays, January 16 and 23, 6:30 – 8:00 PM, All Saints' Hall

How is Charlotte protecting its children and strengthening our community? Join Bob Simmons, Executive Director of the Council for Children's Rights, as we dive into the juvenile justice system. Learn how Charlotte is leading the way in keeping our children out of prison and on the right path, and where we still have work to do.

Parenting With Love and Logic

Teen Focus: Wednesdays, January 16 – 30, 6:00 – 7:30 PM

This three-session class series offers parents practical skills that can be used immediately, based on curriculum developed by Jim Fay, Charles Fay, PhD, and Foster W. Cline, MD. Registration (\$25 per family) covers two parenting partners. Free childcare is available upon request.

Slavery, Freedom, and the Civil Rights Movement

Wednesdays, February 6, 13, 27, 6:30 – 8:00 PM, M207

Join Kathleen Clark, PhD, for this three-week series and explore the ideology of race that developed in the context of slavery, the conflict over what "freedom" would look like, and the struggles and resistance to achieve equality through the ongoing Civil Rights Movement. Dr. Clark will provide an expansive overview of race in America while inviting participants to reflect and share their own stories. Parishioners of Christ Church and community members are invited to this conversation and the ongoing work Christ Church is doing to build a just community. Dr. Clark has a PhD in American Studies from Yale University and taught in the history department at the University of Georgia for 15 years before moving to Charlotte with her family. All are welcome to attend this free learning series.

Adult Confirmation and Inquirers Class

Sundays, Beginning February 10, 10:00 AM

Confirmation Sunday, May 19

This class is offered for any adult who wishes to be confirmed in the Episcopal Church, or who simply wants to explore what we believe and the basics of faith. Christ Church clergy lead this nine-session class. Visit www.christchurchcharlotte.org/confirmation for more information and to register.



A Lenten Journey: Adult Pilgrimage to Montgomery, AL

Wednesday – Saturday, March 6 – 10
(Registration Deadline: February 6)

As injustice and racism continue to plague our city and our country, our faith calls us to confront and confess our failures and fears in order that we may be reconciled one with another. As Desmond Tutu said, “There is no future without forgiveness.”

Join The Reverend Matt Holcombe on a pilgrimage to Montgomery, Alabama to experience the Legacy and Justice Museum and National Memorial for Peace and Justice. For more information, visit www.christchurchcharlotte.org/montgomery.



Adult Pilgrimage to the Holy Land

May 2 – 11 (Registration Deadline: January 11)

We invite you to travel with us to the Holy Land, to walk where Jesus walked and experience the places where he worshiped, prayed, taught, healed, and served. This ten-day pilgrimage around Israel is a unique opportunity to deepen your faith by bringing Biblical geography to life. Join The Reverend Matt Holcombe and The Reverend Lisa Saunders for this life-changing experience. To view the brochure with complete itinerary and trip details or to register, visit www.christchurchcharlotte.org/holyland.

OTHER IMPORTANT PROGRAMS

Men’s Big Breakfast

All men of Christ Church are invited to breakfast with good food, great fellowship, and an inspiring speaker. Come as you are. Donations accepted at the door for breakfast; no RSVP required. We will begin at 7:00 AM and end promptly at 8:00 AM. Invite a friend!

Next meeting: January 15, 7:00 AM, Blue Room

Special Guest: Mike Shildt, MLB Manager, St. Louis Cardinals

Vision Board Workshop: Discovering God’s Dream for You

Saturday, January 12, 10:00 AM - 2:00 PM, Green Room

What if finding a simple way to stay focused and purposeful could set you on the path to living out the life God desires for you? A vision board is one way to quiet the noise around you and tap into the gentle nudges and whispers of the Holy Spirit. Join Makeda Pennycooke for this workshop and learn how this simple tool can support your current spiritual practices in uncovering God’s plan for you. You will walk away with a vision board that will inspire and motivate you towards living your best life. A \$30 workshop fee includes supplies and materials. Visit www.christchurchcharlotte.org/adult-classes to register.

Men’s Retreat

February 1 – 3, Banner Elk, NC

Join us at Valle Crucis for a time of reflection, recreation, and relaxation. Men of all ages spend a weekend of fun and fellowship. Contact Henry Ijams at 704-525-5763 or henryijams@gmail.com with questions. Register online at www.christchurchcharlotte.org/men.

Rising Strong

Wednesdays, February 6 – March 13, 9:30 – 11:00 AM, M206

Rising Strong is an experiential class based on research of Dr. Brene Brown. As a group we will examine the thoughts, emotions, and behaviors involved in the 'reckoning, rumble and revolution' of rising strong after a fall. This journey belongs to no one but you. Registration is required. To learn more, visit www.christchurchcharlotte.org/risingstrong.

Living a Soul-Centered Life Weekend Retreat

February 22 – 24, St. Mary’s Sewanee Retreat Center

Registration Deadline: February 1

A soul-centered life is one lived in attunement to God. During this weekend retreat, discover the sacred within the ordinary. Experience this way of life during a time of faith, hope, love, wonder and meaning in Sewanee, TN. Along with traversing our inner terrain and exploring spiritual practices new and old, we will hike the winter woods, make s’mores under the stars, and worship at All Saints Chapel. Led by Julie Marr, Lisa Cashion, and The Reverend Matt Holcombe. \$325 includes two nights’ lodging and all meals.

Women’s Spring Retreat

March 8 – 10

This is a wonderful weekend for all women of Christ Church to rest, refresh and renew in the beautiful NC mountains at Kanuga Conference Center, only a two-hour drive from Charlotte. Registration details coming soon.

CHILDREN, YOUTH & FAMILIES

www.christchurchcharlotte.org/children

Contact: Emily Kalmbach, kalmbache@christchurchcharlotte.org or 704-714-6956

www.christchurchcharlotte.org/youth

Contact: Betsy Parkhurst, parkhurstb@christchurchcharlotte.org or 704-714-6972

Christ Church Choristers (Grades 4 – 8)

Wednesdays, 5:00 – 6:30 PM, Choir Room

See details under “Music” on page 4.

St. Nicholas Choir (Grades 1 – 3)

Wednesdays, 5:00 – 6:30 PM, U304

See details under “Music” on page 4.

Music Club (Pre-K & Kindergarten)

Wednesdays, 5:00 – 5:30 PM, M211

See details under “Music” on page 4.

CCK Kindergarten Open House

Tuesday, January 8, 9:30 AM, Green Room

RSVP to Kelly Coley, Head of School, at coleyk@christchurchcharlotte.org.

Christ Church Preschool and Kindergarten Registration

January 7 – February 1, 12:00 PM

For more information, visit www.christchurchcharlotte.org/quicklinks/cck-preschool/enrollment. Tours are held Wednesdays at 9:30 AM.

EPEC (Exceptional Parents of Exceptional Children)

Second Mondays, Beginning January 14, 6:00 – 7:00 PM, Green Room

See details under “Wellness and Support” on page 4.

Parenting with Faith and Courage

Sundays, 10:00 – 11:00 AM, Youth Room

Join The Reverend Joshua Case and other parents for this new Sunday morning offering for parents. We will have conversations for parents to learn and share wisdom that empowers them to be families of faith and courage. We will host guest speakers, share experiences in smaller groups, and work through some of the challenging issues facing parents today.

Sunday School

Sundays, 10:00 AM, Various Classrooms

Sunday School is offered for childrens ages 2 (by August 31) through 12th grade. Resumes January 6.

High School Life Groups

Wednesdays, 7:00 – 8:30 PM

High school youth and their adult leaders meet weekly to share meaningful conversations about life and faith.

9th Grade Life Group meets on Wednesday evenings, 6:30 – 7:30 PM, at various locations (communicated to the students through GroupMe). Contact Catherine Dooley at catpdooley@gmail.com with questions.

10th – 12th Grade Life Group meets at the home of Alice deVries (1930 Ewing Ave., 28203) on Wednesday evenings, 7:00 – 8:30 PM. Contact Alice at devriesa@christchurchcharlotte.org with questions.

Middle School EYC (Episcopal Youth Community)

Sundays, 5:45 – 7:15 PM, Youth Room

Youth in grades 6 – 8 gather for fun and fellowship.

Faith Talks

First Wednesdays (except January and February), 6:00 – 7:30 PM, All Saints' Hall

This year, we will live into the theme of Faith and Courage at Christ Church. We hope you will join us on the first Wednesday of each month to discuss relevant topics and to participate in family practices that will equip and empower you to explore, grow and deepen your faith together.

Parenting With Love and Logic

Teen Focus: Wednesdays, January 16 – 30, 6:00 – 7:30 PM, M207

See details under “Adult Formation” on page 6.

Navigators Host Room in the Inn

Sunday, January 20, 4:00 PM

Each Sunday night from December 1 to March 31, Christ Church hosts 14 guests who are experiencing homelessness. Navigators and their family are invited to an evening of service and fellowship as we prepare a hot meal, make lunch for the next day, make beds, and eat with our guests. Parent volunteers are needed for this event.

Navigators Movie Afternoon

Sunday, February 17, 3:00 – 5:00 PM, Youth Room

Join fellow Navigators for an afternoon movie at Christ Church.

Family Bingo Night

Friday, February 1, 6:00 – 7:30 PM, All Saints' Hall

Come enjoy fellowship, pizza, and BINGO with family-friendly prizes. All ages are welcome, and we will offer childcare for children ages four and younger (please indicate childcare needs on your registration). Registration is preferred, so that we have enough food on hand for all. Cost is \$5 per person with family maximum of \$25.

Middle School Dance

Friday, February 8, 7:00 – 9:00 PM, All Saints' Hall

Your High School Youth Council is excited to host this event for all middle school students and friends. Admission to the dance is \$5. We hope to see you there!



SAVE THE DATE FOR THIS SPECIAL WEEKEND!

Kanuga Family Weekend

Friday, February 15 - Sunday, February 17

Join us for our first ever Winter Family Retreat at Kanuga! We will explore the theme of “Becoming Thriving Families” with special guests Mark and Lisa Scandrette, authors of *Belonging and Becoming: Creating a Thriving Family Culture*.

Mark and Lisa are co-founders of ReIMAGINE: A Center for Integral Christian Practice. They lead an annual series of retreats, workshops, and projects designed to help participants apply spiritual wisdom to everyday life. For twenty-five years, they have devoted themselves to creating community, offering hospitality, and inviting transformation in at risk neighborhoods. Mark is also the author of *Practicing the Way of Jesus* and together they are coauthors of the book, *FREE: Spending Your Time and Money on What Matters Most*.

Over the course of this weekend, families will explore practices and habits that lead to thriving families. There will be plenty of time for families to play, share in community, discover new spiritual practices for thriving, and get to know other families from the parish who are committed to thriving, too.

To learn more or to register, visit www.christchurchcharlotte.org/kanuga. As part of your registration, you will receive a free copy of Mark and Lisa's book. Contact The Reverend Joshua Case at casej@christchurchcharlotte.org or Lindsay Masi at masil@christchurchcharlotte.org with questions.

PARISH LIFE

www.christchurchcharlotte.org/parishlife

Contact: Kathryn Saunders, saundersk@christchurchcharlotte.org
or 704-714-6974

Greeters

Every Sunday, Flexible schedule

Join our team of greeters as we welcome newcomers and life-long parishioners. The commitment is minimal in time, but brings maximum rewards. If you attend church, you are perfect for this ministry! Greeters welcome churchgoers for 15 minutes prior to a service and 15 minutes at the end of the service. It's as simple as smiling and saying hello! To join, contact Kathryn Saunders at saundersk@christchurchcharlotte.org or 704-714-6974.

Connect Class

Sunday, February 24, 9:45 AM – 1:45 PM, M207

Newcomers and anyone wanting to learn more about Christ Church are invited. This is a great opportunity to get to know some clergy and staff on a more personal basis and learn a lot about what is here for you. Lunch is served and childcare is available upon request.

Newcomer Dinner

First Wednesdays, 5:30 – 7:00 PM, M207

We invite any and all newcomers for dinner and a chance to meet other newcomers and some of our staff. On the first Wednesday of each month, October through April, we will share a little of what's going on around Christ Church. Come join us for a casual and rewarding evening of fellowship.

Sages Coffee & Conversation

Second Wednesdays, 10:00 – 11:30 AM, Green Room

Sages (ages 65 and up) are invited to gather on the second Wednesday of each month (October through April) for coffee and casual conversation with each other and some of our Clergy.

Social Bridge

Wednesdays, 6:00 – 8:45 PM, M213

People of all skill levels and ages gather weekly to play bridge in a relaxed and fun atmosphere at Christ Church. Please join us!

Sunday Brunch Buffet

Sundays, Beginning January 6, 11:15 AM – 1:00 PM, Blue Room

Everyone is invited for a delicious brunch and fellowship with friends and family. No reservations needed. Please join us! (\$9 adults; \$8 seniors; \$6 children ages 4 - 12; \$35 family maximum; cash, check, credit or debit.)

Wednesday Dinner Buffet

Wednesdays, Beginning January 9, 5:30 – 7:00 PM, Blue Room

Join your Church family for dinner! Lots of food stations ensure there is something for everyone. No reservations needed; please drop in before or after your class or choir rehearsal! (\$9 adults; \$8 seniors; \$6 children ages 4 - 12; \$35 family maximum; cash, check, credit or debit.)

OUTREACH & MISSION

www.christchurchcharlotte.org/outreach

Contact: Laura Konitzer, konitzerl@christchurchcharlotte.org
or 704-714-6959

Men's Shelter Dinners

We serve dinner at the Men's Shelter of Charlotte on the first Sunday, second Friday, and fourth Thursday of each month, year-round from 5:15 to 7:15 PM. Learn more and sign up at www.christchurchcharlotte.org/shelter.

Room in the Inn

Sundays, Through March 31, 6:30 – 8:30 PM

Parishioners host our neighbors by assisting with setting up beds, picking up neighbors, making, serving, and sharing dinner with neighbors, serving as overnight hosts, and making sack lunches. We provide hospitality for those who have no place to call home. Nearly 150 volunteers spend over 1,000 hours to provide 240 beds for a single season of Room in the Inn. This is a perfect volunteer opportunity for families, especially for those with young children.

RISE Training

February 7 – 8, 8:00 AM – 5:00 PM, St. Francis A

Join us for *Race: An In-depth Spiritual Examination (RISE)*, a special two-day workshop offered by MeckMin (formerly Mecklenburg Ministries). This workshop exists to equip and empower faith communities to be at the forefront of challenging systemic racism. Over the course of the two days, participants gain an understanding of the history of race in America and its present impacts, develop an appreciation for the systemic nature of racism, and learn a common language for describing racism and its impacts. Join us as we seek to be a parish that is deeply committed to living the truth of Christ's love in every area of our lives. To learn more or to register, visit www.christchurchcharlotte.org/justice.

Habitat Kick-Off Dinner

Tuesday, February 12, 6:00 PM, Blue Room

Habitat Build

February 21 – 23, March 2, 8 – 9, 15 – 16, 23, 30, April 6, 13, and 27

We are deeply grateful that we will be building our 31st Habitat home in memory of Winston Paschall. Please join us as we celebrate her life by doing something dear to her heart: sharing the love of Christ by building a home with our Habitat family at 987 Rayon Street. For more information or to sign up visit www.christchurchcharlotte.org/habitat.



A Lenten Journey:

Adult Pilgrimage to Montgomery, AL

Wednesday – Saturday, March 6 – 10

See details under "Adult Formation" on page 7.

The 2018 Jubilee Store Was a Success!

Thank you to all those who took part in Charlotte Family Housing's Jubilee Store 2018. Parishioners from Christ Church, Myers Park United Methodist, Myers Park Presbyterian, and St. John's Baptist purchased thousands of gifts that made Christmas bright for families transitioning out of homelessness.

Despite the wintry weather, the store was filled with volunteers and family shoppers. The Jubilee Store served 95 Charlotte Family Housing families that otherwise would have not been able to make Christmas happen.

Thank you for making it a Christmas to remember for those families. In particular, thanks go to Jordan Collier and Henrietta Richardson, our Jubilee Store co-chairs, and Jenny Joyner and Mary Hahn Fetter, who cooked delicious lasagna for the families and volunteers.

We are excited to be able to participate in this incredible ministry and hope you will join us for Jubilee Store 2019!

GOODNEWS SHOP

Happy New Year!

GoodNews will reopen after the Holidays on Wednesday, January 2 with our Annual Sale.

All seasonal and select everyday items will be 50% off.





In the Parish

New Members

Adrienne Bean
 Claire Bennett
 Karen and Annabelle Branson
 Andrew Ellison
 Neva Espinoza
 Mark Fechtel
 Elizabeth and Zach Hill and Family
 Lee and Trey Loughran and Family
 Elizabeth Maier
 Lynn and Doug Smith
 Krissy Thomas and Family
 Murray and Philip Walker and Family
 Elizabeth and John Walsh and Family

Births

Isabel Rose Akin, daughter of Natalie and Brian Akin
 Rebecca DuPuy von Werssowetz, daughter of
 Rad and Odie von Werssowetz
 Barlow Treadwell Mann III, son of Alex and Barlow Mann

Baptisms

James Ephraim Ferebee, grandson of Charlotte and Chris Ferebee
 Eleanor Joy Ferebee, granddaughter of Charlotte and Chris Ferebee

Marriages

Catherine Spencer Beasley and Roddy Dowd III
 Anita Hampton Griffin and Rhett William Postal
 Hannah Holt Yon and Kyle Dean Markham
 Mary Hadley Williams and Landon Russell Wyatt IV

Deaths

Sandra Miller Waller, sister of Lisa Lashley
 Sean Paul Bonner, Jr.
 William R. Maloney
 John Martin Nielsen, grandfather of Thomas Nielsen
 Hugh Clement Bennett, Jr., father of Jennifer Bennett
 Justin Dillashaw, son of Gay Dillashaw
 Hazel Proctor Schuth, mother-in-law of Kee Marshall
 Carol Elliott Green, mother of Suzanne Bledsoe
 Howard Randolph Biggers, brother of Carol Dabbs
 Jane Woodruff Lucas, mother of Bob Lucas
 John Reardon, father-in-law of Jim Horton
 Sally Andrews Serenius
 Judith Brewer Campbell, sister of Alex Calves
 Richard Walker, father of Bill Walker
 Juanita Estel Bean, mother of Dale Hogue
 Vincent J. Shanley, father of Mary Kate Kausel
 W. James Price, father of Bill Price
 Catherine Moore, niece of Russell Ranson
 Stephen C. Copps, Sr., father of Greg Copps

STEWARDSHIP



Join Us In Hope!

Each and every pledge matters and is a tangible opportunity to join in our shared work for hope. Don't miss the chance to make your 2019 financial pledge before the Vestry votes on the budget in February.



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SAVE THE DATE FOR THIS SPECIAL WEEKEND! Details on page 9.

Becoming Thriving Families



Kanuga Winter Family Retreat

FEBRUARY 15 - 17

with special guests Mark and Lisa Scandrette, authors of
Belonging and Becoming: Creating a Thriving Family Culture

To register, visit www.christchurchcharlotte.org/kanuga